

The Indiana Commission to Combat Drug Abuse



Behavioral Health Division

Comprehensive Community Plan

County: Wabash

LCC Name: AACTION (Against, Alcohol, Control Substance, Tobacco, In Our Neighborhood)

LCC Contact: Daniel Gray

Address: 41 W. Canal St.

City: Wabash, 46992

Phone: 260-274-2920

Email: aactionwc@gmail.com

County Commissioners: Jeff Dawes
Barry Eppley
Brian Hauptert

Address: 1 W. Hill St.

City: Wabash

Zip Code: 46992

Vision Statement

What is your Local Coordinating Council's vision statement?

To provide constructive guidance to Wabash County Hoosiers that will offer a safe, sober, and cleaner living condition for all Wabash County residents now and in the future.

Mission Statement

What is your Local Coordinating Council's mission statement?

The mission of Wabash County AACTION is to identify the needs of the area regarding tobacco, drug and alcohol abuse, monitor programs which are recipients of Drug-Free Indiana monies, and act as a resource in Wabash County for tobacco, drug and alcohol information.

| Membership List | | | | | |
|---|-------------------|--|------|--------|---|
| # | Name | Organization | Race | Gender | Category |
| 1 | Ryan Baker | Wabash County Sheriff's Department | C | M | Justice |
| 2 | April White | Manchester University | C | F | Prevention/Education/Treatment/Intervention |
| 3 | Dan Gray | Wabash County Tobacco Free Coalition | C | M | Prevention/Education |
| 4 | Heidi Vandermark | Hands of Hope | C | F | Treatment/Intervention |
| 5 | Parker Stouffer | North Manchester Police Department | C | M | Justice |
| 6 | Danielle Gargiulo | Bowen Center | C | F | Treatment/Intervention |
| 7 | Trish Hanes | Wabash Probation | C | F | Justice |
| 8 | Mike Keaffaber | Wabash County Drug Prevention Task Force | C | M | Prevention/Intervention |
| 9 | Linda Wilk | Hands of Hope | C | F | Treatment/Intervention |
| LCC Meeting Schedule: | | | | | |
| Please provide the months the LCC meets throughout the year: (Meeting in person) January, March, June, September, October, November | | | | | |

II. Community Needs Assessment: Results

The first step in developing an effective substance use and misuse reduction plan is to assess your community. A community assessment tells you about your community's readiness to implement prevention, treatment, and justice-related programs to address substance use and misuse. An assessment also provides an overview of the risk and protective factors present in the community, helping your coalition plan more effectively.

Community Profile

| |
|---|
| County Name Wabash County |
| County Population 31,000 |
| Schools in the community Metropolitan School District (MSD) of Wabash County, North Manchester Community Schools, Wabash City Schools, St. Bernard Catholic School, Heartland Career Center, Emmanuel Christian School & Manchester University. |
| Medical care providers in the community (hospitals, health care centers, medical centers/clinics, etc.) Parkview Wabash Hospital and associated providers and Clinics, Lutheran Clinic, Wabash County Health Department, 85 Hope, Bowen Health Clinic. |
| Mental health care providers in the community (hospitals with psychiatric/behavioral health units, mental health clinics, private/public providers, etc.) Bowen Center, Wabash Friends Counseling Center, Josiah White's, Parkview Behavioral Health. |
| Service agencies/organizations AACTION, Honeywell Foundation, Community Foundation of Wabash County, Arc, Wabash County Tobacco Free Coalition, Area Five Agency on Aging (Winchester Senior Center), Pathfinders, Wabash County Casa, FISH, YSB of Huntington County, & Wabash County Prevention Steering Committee |
| Local media outlets that reach the community The Paper of Wabash County, Wabash Plain Dealer, North Manchester Journal, 105.9 the Bash, & 95.9 Kiss FM |
| What are the substances that are most problematic in your community? Tobacco/e-cigarette, marijuana, opiates, methamphetamine, alcohol |
| List all substance use/misuse services/activities/programs presently taking place in the community Brianna's Hope, AA & NA, Sober Living Wabash, Wabash County Tobacco Free Coalition, Bowen Center, Josiah White's, Wabash Friends Counseling, New Beginnings, Wabash County Drug Steering Committee, Waypoint, Celebrating Recovery (North Manchester, Christian Fellowship), and Parkview Wabash Behavior Health. |

Community Risk and Protective Factors

Use the list of risk and protective factors to identify those present in your community. Identify the resources/assets and limitations/gaps that exist in your community related to each. The lists are not all-inclusive and others may apply.

Risk Factors Examples: trauma and toxic stressors; poverty violence; neighborhood characteristics; low neighborhood attachment; community disorganization; community norms and laws favorable toward drug use, firearms, and crime; availability of alcohol and other drugs; weak family relationships; family substance use; peer substance use; mental health problems; families moving frequently from home to home; limited prevention and recovery resources.

Protective Factors Examples: strong family relationships; neighborhood economic viability; low childhood stress; access to health care; access to mental health care; community-based interventions; restricted access to alcohol and other drugs including restrictive laws and excise taxes; safe, supportive, and connected neighborhoods; meaningful youth engagement opportunities; local policies and practices that support healthy norms and child-youth programs; positive connection to adults.¹

| Risk Factors | Resources/Assets | Limitations/Gaps |
|--|---|---|
| 1. Availability of Alcohol, Drugs, & E-Cigarettes/ Tobacco | 1. Prevention programs & access to related resources 2. Organizations communicating with each other of what they are doing in the community and partnering to accomplish same goals 3. Schools proactive in providing information and guidance through assemblies and prevention programs | 1. Lack of parental guidance and involvement 2. Not aware of what is available in communities to help 3. Need more people to take an active roll to communicate the need/problem 4. Funding for education for adults and youth |
| 2. Weak family Relations | 1. Family counseling through Bowen Center, Friends Counseling Service, & Josiah White's & Parkview Wabash Behavioral Health 2. Variety of churches and church activities for neighborhoods 3. Honeywell Center youth/children sponsored activities during school breaks and summer | 1. Parents/Guardians want to be friends instead of parenting 2. The limited community family activities 3. Advertising/promoting activities to make Wabash County aware of activities and programs |

¹Risk and protective factors extracted from IUPUI Center for Health Policy Community Conditions Favorable for Substance Use, April 2018.

| | | |
|---|---|--|
| 3. Limited knowledge of available | 1. Activities sponsored by each community school district and churches 2. Access Youth Ministry/Program 3. YMCA youth/family activities | 1. Not responding and taking advantage of activities/ programs the schools and churches offer 2. The activities and programs not visible to public for the youth to know what is available 3. Membership fees prevent low income families to participate |
| Protective Factors | Resources/Assets | Limitations/Gaps |
| 1. Access to Mental Health Care | 1. Bowen Center, Friends Counseling, Parkview Wabash Behavioral Health & Josiah White's 2. School Services & Counseling 3. Church resources, programs, and activities | 1. Not made known of availability and type of services 2. Financial Disparity and deficient insurance coverage 3. Admitting there is a need and willing to seek help |
| 2. Safe, Supportive, & Connected Neighborhoods | 1. YMCA classes/training and programs 2. Access Youth Ministry/Program 3. Church activities, support, and referrals to needed additional help | 1. Communities/families in the county are not aware of what is available 2. Transportation and aware of what is available 3. People/Families not willing to take advantage of what is available |
| 3. Meaningful youth engagement opportunities | 1. The Access 2. The YMCA 3. School & Church Activities | 1. Proper Transportation 2. Cost 3. Properly communicate/ make known what is available |

III. Making A Community Action Plan

Now that you have completed a community assessment and have identified the risk and protective factors that exist, you can develop a plan of action. The Comprehensive Community Plan (CCP) is a systematic and community-driven gathering, analysis, and reporting of community-level indicators for the purpose of identifying and addressing local substance use problems.

Step 1: Create problem statements, and ensure problems statements are in line with statutory requirements

Step 2: Ensure your problem statements are evidence-informed, then prioritize

Step 3: Brainstorm what can be done about each

Step 4: Prioritize your list, and develop SMART goal statements for each

Step 5: List the steps to achieve each goal

Step 1: Create + Categorize Problem Statements

Create problem statements as they relate to each of the identified risk factors.

| Risk Factors | Problem Statement(s) |
|---|---|
| 1. Availability of Alcohol, Drugs, & E-Cigarettes/Tobacco | 1. Some retailers are not conscientious about who they sell alcohol and tobacco products 2. Some parents are careless in the home that gives youth access to their alcohol and tobacco substances 3. Lack of willpower to refuse offers to try/stop the use of alcohol, drugs, & e-cigarettes/tobacco 4. The adult missuse alcohol and illicit drugs in Wabash County 5. The ease of obtaining alcohol and other drugs is a problem in Wabash County |
| 2. Weak family Relations | 1. Underage use of alcohol, tobacco/e-cigarettes is a problem in Wabash County 2. The availability and easy access to illicit drugs is a problem in Wabash County 3. Limited knowledge & will power to improve family relations by youth and sometimes parents 4. Lack of/limited transportation to sources that could help correct the problem |
| 3. Limited knowledge of available resources | 1. The parental knowledge of alcohol, drugs, & tobacco use in the county is inadequate and/or there is a lack of interest of being more aware 2. There is lack of awareness about the available prevention and treatment resources in the community 3. Not aware of areas that attract youth to hide while using/sharing alcohol, drugs, & tobacco with each other 4. Not aware of possible triggers that tempt a person to start, continue to use, and refuse to take positive action to stop |

Step 2: Evidence-Informed Problem Statements

Identify your top three problem statements using local or state data. Ensure that there is a problem statement for each co-equal funding category (e.g., prevention/education; intervention/treatment; and criminal justice services and activities).

| Problem Statements | Data That Establishes Problem | Data Source |
|--|--|---|
| 1. Adult misuse of alcohol and illicit and prescribed drugs continues to be a problem as it contributes to the the potential of affecting inner-personal relationships in families and the communities in Wabash County. | According to 2022 data, 18% adult excessive drinking & 28% alcohol impaired driving deaths in the county to 19% in the state. There were 26 drug overdose deaths, equal to the state amount. | County Health Rankings & Roadmaps www.countyhealthrankings.org Scan Inc. Community Assessment, CDC Best Practices Partnerships User Guide |
| 2. Underage use of alcohol, tobacco/e-cigarettes and illicit/prescribed drugs is a problem that triggers behavioral changes that can effect appropriate emotional and physical growth in youth in Wabash County. | According to the 2020 data, in 12 th grade 18.5% of students consume alcohol – 8.8% binge drink. 17.5% vape & only 5.6% use cigarettes. 13.3% use marijuana. 3.3% Rx drugs were misused | Stats from 2020 Indiana Youth Survey from IYI, Scan Inc. Community Assessment, CDC Best Practices Partnerships User Guide |
| 3. There is a lack of awareness about prevention programs, available treatment, and accessible resources that provide support to all Wabash County Hoosiers. | There are 3 treatment providers in Wabash County. Bowen Center website provides service information, Friends Counseling Center ,Parkview Wabash Behavioral Health | Data found from County Health & Roadmaps, Indiana Youth Institute, Scan Inc. Community Assessment. |

Step 3: Brainstorm

Consider the resources/assets and limitations/gaps that were identified for each risk factor, and list what actions can be taken for each identified problem statement.

| Problem Statements | What can be done (action)? |
|--|--|
| 1. Adult misuse of alcohol, illicit, and prescribed drugs continues to be a problem as it contributes to the the potential of affecting inner-personal relationships in families and the communities in Wabash County. | <ol style="list-style-type: none"> 1. Continue to provide information/resources on what happens when alcohol & illicit drugs are abused 2. Promote awareness of treatment centers that are available and recovery options 3. Encourage & promote alternative activities to replace activities that invite alcohol and drug misuse |
| 2. Underage use of alcohol, tobacco/e-cigarettes and illicit/prescribed drugs is a problem that triggers behavioral changes that can effect appropriate emotional and physical growth in youth in Wabash County. | <ol style="list-style-type: none"> 1. Provide prevention programs for the elementary, middle & high schools 2. Make available to families/parents, resources that offer information on what symptoms to look for in their children 3. Support alternative activities to replace activities that invite alcohol and drug misuse |

| | |
|---|---|
| <p>3. There is a lack of awareness about prevention programs, available treatment, and accessible resources that provide support to all Wabash County Hoosiers.</p> | <ol style="list-style-type: none"> 1. Continue to make Wabash County Hoosiers aware of information and, make available, the different local networks that provide support and treatment to Wabash County. 2. Provide information on the transportation available that is available to agencies that provide resources/helps for those that have no or limited access 3. Promote recovery success stories from those that will tell their story and allow it to be published in newsletter, news release, earned media and social media |
|---|---|

Step 4: Develop SMART Goal Statements

For each problem statement, prioritize your list of what can be done. Choose your top two actions for each. Then, develop goal statements that demonstrate what change you hope to achieve and by when you hope to achieve it.

| Problem Statement #1 | |
|---|--|
| <p>Goal 1 Make public more aware of recovery support and services in Wabash County through media outlets by April 2024</p> | |
| <p>Goal 2 Reduce the number of repeated adult alcohol related crimes and illicit drug offenders by 3% by April 2024</p> | |
| Problem Statement #2 | |
| <p>Goal 1 Provide prevention programs to all elementary, middle, and high schools in Wabash County by April 2024</p> | |
| <p>Goal 2 Decrease youth alcohol, tobacco, and illicit drug offences 3% by April 2024</p> | |
| Problem Statement #3 | |
| <p>Goal 1 Quarterly increase awareness on available resources in Wabash County with each funded recipient presenting success stories that promote activities in 2024 at LCC meetings and partner organizational meetings.</p> | |
| <p>Goal 2 The LCC will provide information on treatment services at least 5 times through Wabash County media sources in 2024.</p> | |

Step 5: Plans to Achieve Goals

For each goal, list the steps required to achieve each

| Problem Statement #1 | Steps |
|--|---|
| <p>Goal 1 Make public more aware of recovery support and services in Wabash County through media outlets by April 2024</p> | <ol style="list-style-type: none"> 1. Use earned media news releases and letters to the editor with all the media outlets in the county. |

| | |
|---|---|
| | <ol style="list-style-type: none"> 2. Make available resources for businesses to keep information accessible to employees. 3. Promote national and local calendared awareness events through the media. |
| <p>Goal 2 Decrease youth alcohol, tobacco, and illicit drug offences 3% by April 2024.</p> | <ol style="list-style-type: none"> 1. Raise awareness of drug and alcohol use and abuse issues by utilizing information that promotes intervention and counseling. 2. Endorse and participate in peer support recovery groups and provide resources and information that will help with recovery and help prevent repeated offenders. 3. Support all reputable counseling treatment services and provide any needed resources to help prevent the repeated offender to return. |
| Problem Statement #2 | Steps |
| <p>Goal 1 Provide prevention programs to all elementary, middle, and high schools in Wabash County by April 2024</p> | <ol style="list-style-type: none"> 1. Support organizations that offer prevention programs for youth to encourage them to expand their outreach to at least one more than the previous year. 2. Support current and new educational activities through the schools and other youth groups. 3. Promote activities and programs that provide awareness of the dangers of drug and alcohol related addictions and diseases that would have life long effects on the youth as they mature. |
| <p>Goal 2 Decrease youth alcohol, tobacco, and illicit drug offences 3% by April 2023</p> | <ol style="list-style-type: none"> 1. Raise public awareness of underage drinking, drug use, and tobacco/e-cigarette use at all schools and youth sponsored groups. 2. Encourage family programs that will be an alternative to underage alcohol use, drug abuse, and tobacco/e-cigarette. 3. Support prevention education in the schools and at youth group activities that will provide alternative choices to a drug, alcohol, tobacco free live style. |
| Problem Statement #3 | Steps |
| <p>Goal 1 Quarterly increase awareness on available resources in Wabash County with each funded recipient presenting success stories that promote activities in</p> | <ol style="list-style-type: none"> 1. Provide needed information to help know what to write and where to submit information. 2. Make arrangements with media to schedule time to present information. |

| | |
|--|---|
| <p>2024 at LCC meetings and partner organizational meetings.</p> | <p>3. Ask each rehab organization to report successes and what partner agencies can do to help them serve more clients.</p> |
| <p>Goal 2 The LCC will provide information on treatment services at least 5 times through Wabash County media sources in 2024.</p> | <p>1. Require information in each quarterly report. 2. Encourage each Coalition agency, when applicable, to utilize the services of any of the county rehab programs. 3. Provide time at meetings to report how our local agencies were used.</p> |

IV. Fund Document

The fund document allows the LCC to provide finances available to the coalition at the beginning of the year. The fund document gauges an LCC's fiscal wellness to empower their implementation of growth within their community. The fund document also ensures LCCs meet the statutory requirement of funding programs within the three categories of (1) Prevention/Education, (2) Treatment/Intervention, and (3) Criminal Justice Services and Activities (IC 5-2-11-5).

| Funding Profile | | |
|---|--|----------------------------------|
| 1 | Amount deposited into the County DFC Fund from fees collected last year: | \$32,923.29 |
| 2 | Amount of unused funds from last year that will roll over into this year: | \$94,511.95 |
| 3 | Total funds available for programs and administrative costs for this year (Line 1 + Line 2): | \$127,435.24 |
| 4 | Amount of funds granted last year: | \$40,000.00 |
| Additional Funding Sources (if no money is received, please enter \$0.00) | | |
| A | Substance Abuse and Mental Health Services Administration (SAMHSA): | \$0.00 |
| B | Centers for Disease Control and Prevention (CDC): | \$0.00 |
| C | Bureau of Justice Administration (BJA): | \$0.00 |
| D | Office of National Drug Control Policy (ONDCP): | \$0.00 |
| E | Indiana State Department of Health (ISDH): | \$0.00 |
| F | Indiana Department of Education (DOE): | \$0.00 |
| G | Indiana Division of Mental Health and Addiction (DMHA): | \$0.00 |
| H | Indiana Family and Social Services Administration (FSSA): | \$0.00 |
| I | Local entities: | \$0.00 |
| J | Other: | \$0.00 |
| Categorical Funding Allocations | | |
| Prevention/Education: \$31,858.81 | Intervention/Treatment: \$31,858.81 | Justice Services: \$31,858.81 |
| Funding allotted to Administrative costs: | | |
| Itemized list of what is being funded | | Amount (\$100.00) |
| Coordinator compensation | | \$ 8,000.00 |
| Office supplies | | \$ 2,000.00 |
| Other support projects for the year | | \$21,858.81 |
| Funding Allocations by Goal per Problem Statement: | | |
| Problem Statement #1 | Problem Statement #2 | Problem Statement #3 |
| Goal 1: \$15,929.40 | Goal 1: \$15,929.40 | Goal 1: \$15,929.40 |
| Goal 2: \$15,929.40 | Goal 2: \$15,929.40 | Goal 2: \$15,929.40 |