



EVIDENCE-BASED/BEST PRACTICES RESOURCE GUIDE

The Victims of Crime Act Formula Grant (VOCA) subgrantees are requested to identify evidence-based programs or best practices and provide the sources utilized for their program /project in their grant applications.

The document is intended to be used to assist subgrantees in locating evidence-based programs or best practices that organizations may research to be used for their programs.

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CASA/GAL

- A. The National Court Appointed Special Advocate (CASA)/Guardian ad Litem (GAL) Model: <https://nationalcasagal.org/our-impact/research-and-effectiveness/>
- B. National CASA Evidence Bank Resource Guide, March 2019, Caliber Associates, *National CASA Association Evaluation Project*, Fairfax, Virginia, 2004: <https://nationalcasagal.org/our-impact/research-and-effectiveness/>
- C. Waxman, H.C., Houston, W.R., Proffitt, S.M., & Sanchez, B., "Making a Difference in the Lives of Abused and Neglected Children: Research on the Effectiveness of a Court-Appointed Special Advocate Program," University of Houston and Child Advocates, Inc., 2005
- D. National Children's Alliance Multidisciplinary Team Evidence-Based Program: <https://www.nationalchildrensalliance.org/cac-model>
- E. Family Recovery Court Best Practices: <https://www.nadcp.org/standards/family-treatment-court-best-practice-standards>
- F. Indiana GAL/CASA Best Practices: <https://www.in.gov/courts/iocs/galcasa/>
- G. Emotional Support Courthouse Facility Dog Program: <https://courthousedogs.org/getting-started/best-practices/>

Child Advocacy

- A. Ten Standards and Best Practices for Child Advocacy Center National Accreditation: Multidisciplinary Team, Cultural Competency and Diversity, Forensic Interviews, Victim Support and Advocacy, Medical Evaluation, Mental Health, Case Review, Case Tracking, Organizational Capacity, and Child-Focused setting. <https://www.nationalchildrensalliance.org/ncas-standards-for-accredited-members/>
- B. National Association for Counsel (NACC) QIC Best Practice Model: <https://www.naccchildlaw.org/general/custom.asp?page=counselcampaign>

- C. National Children’s Alliance standards: <https://www.nationalchildrensalliance.org/wp-content/uploads/2021/10/2023-RedBook-v5B-t-Final-Web.pdf>
- D. The American Professional Society on the Abuse of Children (APSCAC) model: <https://www.apsac.org/>
- E. Evidence Based Models for Multidisciplinary Teams; The National Child Traumatic Stress: <https://ncjtcstatic.fvtc.edu/Resources/RS00004131.pdf>
- F. Child Forensic Interviews:**
 - i. ChildFirst Forensic Interview Protocol: <https://www.zeroabuseproject.org/professionals/childfirst-forensic-interview-training/>
 - ii. Forensic Interviews for Children IN Chapter of National Children’s Alliance ChildFirst Finding Words: www.incacs.org
 - iii. CornerHouse Forensic Interviewing Protocol: RATAc (Rapport, Anatomy Identification, Touch Inquiry, Abuse Scenario, and Closure): <https://www.ojp.gov/ncjrs/virtual-library/abstracts/cornerhouse-forensic-interviewing-protocol-ratac>
- G. California Evidence-Based Clearinghouse for Child Welfare (EMDR, TF-CBT, CPT, CBT): <https://www.cebc4cw.org/>
- H. The Adverse Childhood Experiences (ACES) Survey Toolkit for Providers: https://justiceandjoynatl.org/wp-content/uploads/2022/03/ACES_Toolkit.pdf
- I. Trauma-Focused Cognitive Behavioral Therapy: A Primer for Child Welfare Professionals: <https://www.childwelfare.gov/pubs/trauma/>
- J. Standard of Care and Improved Access to Services for Traumatized Children, their Families and Communities using Trauma-Focused Cognitive Behavioral Therapy: <https://www.nctsn.org/>
- K. A National Survey of Child Advocacy Center Directors Regarding Knowledge of Assessment, Treatment Referral, and Training Needs in Physical and Sexual Abuse: <https://www.tandfonline.com/doi/abs/10.1080/10538712.2015.1009606>

Human Trafficking

- A. Child Trafficking and Exploitation Prevention Curriculum - Love 146: <https://love146.org/notanumber/>
- B. Family Separation, Reunification, and Integrational Trauma in the Aftermath of Human Trafficking: <https://www.antitraffickingreview.org/index.php/atrjournal/article/view/325/270>
- C. National Human Trafficking Hotline, Strategies to disrupt and prevent Human Trafficking and Real-Time Dataset: <https://polarisproject.org/>
- D. Trauma Informed Training and Care for Survivors of Trafficking and Sexual Exploitation: <https://www.allies-inc.org/>
- E. Principles with Regards to Helping Under Age Sex Workers Exit; Exiting Prostitution: Models of Best Practice: [https://www.nzpc.org.nz/pdfs/Mayhew-and-Mossman,-\(2007c\)-Exiting-Prostitution-Models-of-best-practice.pdf](https://www.nzpc.org.nz/pdfs/Mayhew-and-Mossman,-(2007c)-Exiting-Prostitution-Models-of-best-practice.pdf)
- F. Department of Homeland Security (DHS) Blue Campaign to Recognize the Indicators of Human Trafficking: <https://www.dhs.gov/blue-campaign>
- G. Office for Victims of Crime Training and Technical Assistance Center (OVCTTAC) Human Trafficking Task Force e-Guide: <https://www.ovcttac.gov/taskforceguide/eguide/>

Peer Support Groups

- A. Families in Society: The Journal of Contemporary Social Services, ICADV, Psychiatric Quarterly, child and Adolescent Social Work Journal: www.crimesolutions.gov
- B. Applied Suicide Intervention Skills Training (ASIST): www.livingworks.net/asist
- C. Suicide Alertness for Everyone (safeTALK): www.livingworks.net/safetalk
- D. The Five Domains of Wellbeing: <https://www.fullframeinitiative.org/resources/five-domains-of-wellbeing-overview/>

Restorative Justice

- A. Restorative Justice Dialogue: Evidence-Based Practice: <https://rjp.d.umn.edu//most-requested-resources>
- B. Minneapolis Center for Victim Offender Reconciliation Program: <http://www.ojdp.gov/mpg/>

Sexual Assault Nurse Examiners (SANE)

- A. Ultimate Source for Sexual Assault Forensic Examiner Technical Assistance: <https://www.safeta.org/>
- B. National Training Standards for Sexual Assault Medical Forensic Exams; International Association of Forensic Nurses: <https://www.forensicnurses.org/page/EducationGuidelinesAccess/>
- C. A national protocol for pediatric sexual abuse medical forensic examinations: <https://www.safeta.org/page/kidsprotocoltoc/>
- D. Guidelines for medico-legal care for victims of sexual violence; World Health Organization (WHO): <https://www.who.int/news-room/fact-sheets/detail/violence-against-women>
- E. National Best Practices for Sexual Assault Kits: A Multidisciplinary Approach; National Justice Institute: <https://nij.ojp.gov/topics/articles/national-best-practices-sexual-assault-kits-multidisciplinary-approach>
- F. Forensic Nursing Scope and Standards of Practice; Office of Justice Office for Victims of Crime: <https://www.ovcttac.gov/saneguide/legal-and-ethical-foundations-for-sane-practice/forensic-nursing-scope-and-standards-of-practice/>
- G. Legal and Ethical Foundations for SANE Practice; Office of Justice Office for Victims of Crime: <https://www.ovcttac.gov/saneguide/legal-and-ethical-foundations-for-sane-practice/>
- H. National Sexual Violence Resource Center Sexual Assault Response Team Toolkit (SART): <https://www.nsvrc.org/sarts/toolkit>

Therapy/Counseling

- A. Cognitive Processing Therapy (CPT): <https://www.apa.org/ptsd-guideline/treatments/cognitive-processing-therapy>
- B. Eye Movement Desensitization and Reprocessing (EMDR) Therapy: <https://www.emdria.org/about-emdr-therapy/>
- C. Play Therapy Evidence-Based Practice (PTEBP): <https://www.a4pt.org/page/Research>
- D. Occupational Therapies: <https://www.aota.org/practice/practice-essentials/evidencebased-practiceknowledge-translation>
- E. Movement Therapies - <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7476461/>
- F. Grief Counseling/Therapy**
 - i. The Dougy Center for Grieving Children & Families: <https://www.dougy.org/>
 - ii. Childhood Bereavement Estimation Model: <https://judishouse.org/research-tools/cbem/>
 - iii. Healing the Bereaved Child (Healing Your Grieving Heart series), (Wolfelt, 1996)
 - iv. Treating Trauma and Traumatic Grief in Children and Adolescents: <https://cpt.musc.edu/>
 - v. Ryan's Place – Grief Support for Children, Teens, and Families: <https://ryansplace.org/>
- G. Seven Challenges – Comprehensive Counseling program that incorporates work on alcohol and other drug problems: <http://www.sevenchallenges.com/our-team/>
- H. Motivational interviewing: an evidence-based approach to counseling helps patients follow treatment recommendations: <https://pubmed.ncbi.nlm.nih.gov/17895731/>
- I. Solution-Focused Therapy: Crisis Intervention: Roberts, Albert R. ed. Crisis Intervention Handbook: Assessment, Treatment, and Research. 2nd edition. New York: Oxford University Press, 2000.

J. Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)

- I. Trauma-Focused Cognitive Behavioral Therapy: <https://tfcbt.org/>
- II. A Primer for Child Welfare Professionals: Trauma-Focused Cognitive Behavioral Therapy (TF-CBT): <https://www.childwelfare.gov/pubs/trauma/>
- III. Standard of Care and Improved Access to Services for Traumatized Children, their Families and Communities using Trauma-Focused Cognitive Behavioral Therapy: <https://www.nctsn.org/>

Transitional Housing

- A. District Alliance for Safe Housing (DASH): <https://dashdc.org/>
- B. Transitional Supportive Housing Programs: Battered Women's Perspectives & Recommendations: <https://nnev.org/resources-library/transitional-housing-toolkit/>

Trauma Informed Care/Approach

- A. Neurobiology of Trauma, Mindfulness Based Practices and Motivational Interviewing
- B. What is Trauma Informed Care? By University at Buffalo Center for Social Research: <https://socialwork.buffalo.edu/social-research/institutes-centers/institute-on-trauma-and-trauma-informed-care/what-is-trauma-informed-care.html>
- C. The Trauma Informed Care Project: www.traumainformedcareproject.org
- D. Practical Guide for Implementing a Trauma-Informed Approach: <https://www.samhsa.gov/resource/ebp/practical-guide-implementing-trauma-informed-approach>
- E. The National Child Traumatic Stress Network Trauma-Informed Care: <https://www.nctsn.org/trauma-informed-care>

- F. The Importance of Understanding Trauma-Informed Care and Self-Care for Victim Service Providers: <https://www.justice.gov/archives/ovw/blog/importance-understanding-trauma-informed-care-and-self-care-victim-service-providers>
- G. Strengths-Based and Trauma-Informed Interventions with System-Involved Women & Girls: <https://www.orbispartners.com/interventions-women>
- H. Using a Trauma-Informed Approach and Fitting the Pieces Together: *Trauma-Informed Care and Rules Reduction* by Carla Gaffe-Clark, Ed.D, Indiana Coalition Against Domestic Violence
- I. Seeking Safety (SS): Evidence-based, Present-focused counseling model to help people attain safety from trauma and/or substance abuse: group and individual curriculum: <https://www.treatment-innovations.org/seeking-safety.html>
- J. Substance Abuse and Mental Health Services Administration (SAMHSA) Concept of Trauma and Guidance for a Trauma-Informed Approach: https://ncsacw.samhsa.gov/userfiles/files/SAMHSA_Trauma.pdf
- K. The Pedagogy of Trauma-Informed Lawyering: https://www.law.nyu.edu/sites/default/files/upload_documents/Katz%20-%20Halder%20Pedagogy%20of%20Trauma-Informed%20Lawyering.pdf
- L. Trauma-Informed Care – Jack, Joseph and Morten Madel School of Applied Social Sciences Center for Evidence-Based Practices: <https://case.edu/socialwork/centerforebp/practices/trauma-informed-care>
- M. Cognitive Trauma Therapy (CTT) – *Healing the Trauma of Domestic Violence: A Workbook for Women* by Mari McCaig, Edward S. Kubany
- N. Trauma Recovery and Empowerment Model (TREM):**
 - i. The Trauma Recovery and Empowerment Model (TREM): Conceptual and Practical Issues in a Group Intervention for Women: <https://targethiv.org/sites/default/files/Fallot2002.ExplanationTREM.pdf>
 - ii. A Scoping Review of the Trauma Recovery and Empowerment Model (TREM) <https://journals.sagepub.com/doi/abs/10.1177/1524838020967862>
 - iii. The Trauma Recovery and Empowerment Model for Treating Post-Traumatic Stress Disorder in Women: <https://clinicaltrials.gov/search?intr=%EF%82%A7%09The%20Trauma%20Recovery%20and%20Empowerment%20Model%20for%20Treating%20Post->

[Traumatic%20Stress%20Disorder%20in%20Women](#)

- iv. The Trauma Recovery Center: <https://divisionoftraumarecoveryervices.org/trauma-recovery-center/>

Victim Services/Victim Advocacy

- A. National District Attorneys Association (NDAA) Women Prosecutors Section Victim Advocacy Best Practices Guide: <https://ndaa.org/wp-content/uploads/WPS-Victim-Advocacy-Best-Practices-Guide-April-2021-FINAL.pdf>
- B. Battered Women's Justice Project, Model Policy for Prosecutors and Judges on Imposing, Modifying, and Lifting Criminal No Contact Orders. February 2010.: <https://aequitasresource.org/wp-content/uploads/2018/09/Model-Policy-for-Prosecutors-and-Judges-on-Imposing-Modifying-and-Lifting-Criminal-No-Contact-Orders.pdf>
- C. Danger/Lethality Assessments**
 - i. The Lethality Assessment Program for First Responders - Learning to Read the Danger Signs. Maryland Network Against Domestic Violence, 2008. <https://www.mnadv.org/lethality-assessment-program/lap-program-overview-2/>
 - ii. Danger Assessment helps to determine level of danger an abused woman has of being killed by their intimate partner: <https://www.dangerassessment.org/>
- D. Victim-Focused Services, Review of Best Practices for ICJI Program Areas and Funding Streams: https://archives.iupui.edu/bitstream/handle/2450/11340/VOCA%20Best%20Practices_Final_04_1212.pdf?sequence=1&isAllowed=y
- E. Crime Victims' Rights Act: <https://www.justice.gov/usao/resources/crime-victims-rights-ombudsman/victims-rights-act>
- F. Coordinated Community Response: <https://www.genderviolenceinstitute.org/coordinated-community-response-model>

G. Victim Services/Direct Services:

https://ovc.ojp.gov/sites/g/files/xyckuh226/files/pubs/InnovativePractices/Practices_Best%20practices%20guidelines-508.pdf

H. Attorney General Guidelines for Victim and Witness Assistance:

https://www.justice.gov/sites/default/files/olp/docs/ag_guidelines2012.pdf

I. Trauma-Informed Victim Services: Meta-Analysis done by Regehr, Cheryl, Ramon Alaggia, Jane Dennis, Annabel Pitts, and Michael Saini. 2013. "Interventions to Reduce Distress in Adult Victims of Sexual Violence and Rape: A Systematic Review." :

<https://onlinelibrary.wiley.com/doi/full/10.4073/csr.2013.3#:~:text=Results%20of%20this%20systematic%20review,decreased%20symptoms%20of%20Post%2DTraumatic>

J. Interviewing Victims

i. Motivational Interviewing: <https://motivationalinterviewing.org/>

ii. Forensic Experiential Trauma Interview (FETI) Science-Based Trauma Interviewing: <https://www.certifiedfeti.com/>

iii. ChildFirst Forensic Interview Protocol: <https://www.zeroabuseproject.org/professionals/childfirst-forensic-interview-training/>

iv. Motivational interviewing: an evidence-based approach to counseling helps patients follow treatment recommendations: <https://pubmed.ncbi.nlm.nih.gov/17895731/>

K. Mental Health and Substance Abuse Services

i. Substance Abuse and Mental Health Services Administration (CBT): <https://www.samhsa.gov/resource-search/ebp>

ii. Substance Abuse and Mental Health Services Administration (SAMHSA) Concept of Trauma and Guidance for a Trauma-Informed Approach: https://ncsacw.samhsa.gov/userfiles/files/SAMHSA_Trauma.pdf

L. Evidence-Based Practices (EBP) Practice Skills Assessment for Criminal Justice Organizations:

<https://nicic.gov/resources/nic-library/all-library-items/evidence-based-practice-skills-assessment-criminal-justice>

M. Information and Referral (I&R) Standards for excellence in Information and Referral; Crisis Intervention/Crisis Call Centers: <https://www.informusa.org/standards>

N. Enhancing Law Enforcement Response to Victims (ELERV) Strategy: <https://www.theiacp.org/projects/enhancing-law-enforcement-response-to-victims-elerv>

O. Office for Victims of Crime Training & Technical Assistance Forum about Best Practices for Assisting Victims of Crime: <https://www.ovcttac.gov/expert-qa/?nm=wbt&ns=eqa>

P. Criminal Case Information & Notification Systems

i. Indiana SAVIN (Statewide Automated Victim Information & Notification): <https://indianasavin.in.gov/Default.aspx>

ii. VINE – Secure and Confidential Access to Custody Status and Criminal Case Information: <https://vinelink.vineapps.com/state/IN>

Q. Domestic Violence

i. Innovative Community-Based Programs and Practices; Domestic Violence Evidence Project: <https://www.dvevidenceproject.org/>

ii. Community Based Participatory Research Toolkit for Domestic Violence Researchers: <https://cbprtoolkit.org/sections>

iii. Best Practices Manual for Domestic Violence Programs: <https://vawnet.org/material/best-practices-manual-domestic-violence-programs>

iv. Domestic Abuse Intervention Programs (Duluth Model): <https://www.theduluthmodel.org/>

v. The National Domestic Violence Prosecution Best Practices Guide: <https://www.lettac.org/Clearinghouse/Resource/1df44f81-f69a-4459-8247-08d97c2e6af0>

vi. In Her Shoes experiential learning about Domestic Violence: <https://wscadv.org/training-kits/in-her-shoes/>

R. Legal Advocacy

- i. Civil Protection Orders: A Guide for Improving Practice:
https://www.ncjfcj.org/wp-content/uploads/2012/02/cpo_guide.pdf
- ii. National Crime Victim Law Institute: <https://ncvli.org/>
- iii. Standards of Practice for Lawyers Representing Victims of Domestic Violence, Sexual Assault and Stalking in Civil Protection Order Cases:
<https://icadvinc.org/wp-content/uploads/2019/06/standards-of-practice-for-lawyers-representing-victims-of-domestic-violence-sexual-assault-and-stalking-in-civil-protection-order-cases.pdf>

S. Equity and Racial Justice Programs

- i. National Immigrant Women's Advocacy Project:
<https://niwaplibrary.wcl.american.edu/early-identification-victims-vawa-confidentiality>
- ii. Department of Homeland Security (DHS) Blue Campaign – educational resources to educate public, law enforcement, and other legal partners to recognize indicators of human trafficking and to help reduce victimization within vulnerable populations: <https://www.dhs.gov/blue-campaign>
- iii. Casa de Esperanza – Nationwide Network supports Prevention and Intervention Efforts to end Dating and Domestic Violence: https://esperanzaunited.org/en/?option=com_content&view=article&id=699%3Aorganization-resources&catid=202%3Aspecial-collections
- iv. Full Frame Initiative Wellbeing Blueprint:
<https://www.fullframeinitiative.org/our-work/>
- v. Handbook of Intercultural Training/Intercultural Communication:
<https://sk.sagepub.com/reference/handbook-of-intercultural-training-3e>

T. Older Victims/Elder Abuse

- i. Elder Justice Initiative: <https://www.justice.gov/elderjustice>
- ii. Legal Assistance for Victimized Adults (LAVA) Project:
<https://www.indianalegalservices.org/LAVA>
- iii. US Administration on Aging's Elder Justice Coordinating Council:
<https://acl.gov/programs/elder-justice/elder-justice-coordinating-council-ejcc>