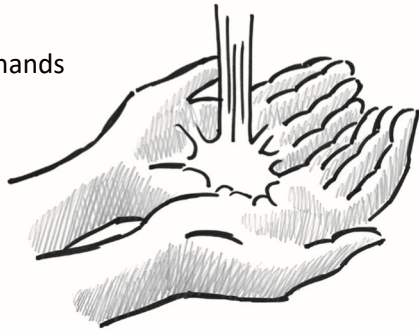


How to Wash Your Hands Properly

1 Wet your hands



2 Use plenty of soap to make a good lather



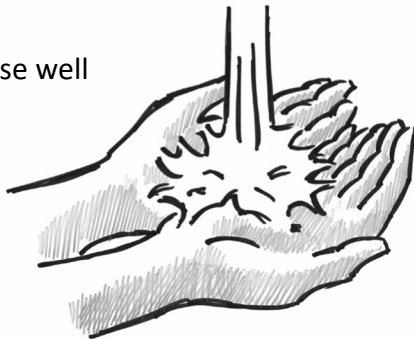
3 Lather and scrub for at least 20 seconds.



Don't forget to wash:

Between your fingers
Under your nails
The tops of your hands
Your wrists

4 Rinse well



5 Dry your hands with a disposable towel or a wall-mounted dryer



Office of Early Childhood & Out-of-School Learning