



Eric Holcomb, Governor
State of Indiana

Division of Aging

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**Governor Holcomb proclaims May to be Older Americans Month
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In our community, older adults are a key source of strength. Through their experiences, successes and difficulties they have built resilience that helps them face new challenges. When communities tap into this resilience, they become stronger, too. To recognize this amazing generation of Hoosiers, Governor Holcomb has proclaimed May to be “Older Americans Month” in the state of Indiana.

Each May, the Administration for Community Living leads the celebration of Older Americans Month. This year’s theme is “Communities of Strength” – recognizing the important role older adults play in fostering the connection and engagement that build strong, resilient communities.

Strength is built and shown not only by bold acts, but also small ones of day-to-day life—a conversation shared with a friend, working in the garden, trying a new recipe, or taking time for a cup of tea on a busy day. And when we share these activities with others—even virtually or by telling someone about the experience later—we help them build resilience too.

Governor Holcomb’s proclamation may be viewed by [clicking here](#).

