

INDIANA

2022 School Health Profiles Report Trend Analysis Report - Principal Survey

Prevalence

	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020	2022	Linear Change ¹	Quadratic Change ¹	2020-2022 Change ²
School Health Coordination																
Percentage of schools that ever used the School Health Index or other self-assessment tool to assess school policies, activities, and programs in the following areas:																
Physical education and physical activity												38.0	45.0	No linear change	Not available	No change
Nutrition						37.2	37.1	43.1	41.1	39.3		39.2	45.6	No linear change	No quadratic change	No change
Tobacco-use prevention						41.4	47.7	47.5	47.0	45.5		45.8	51.7	No linear change	No quadratic change	No change
Alcohol- and other drug-use prevention												45.9	51.2	No linear change	Not available	No change
Chronic health conditions (e.g., asthma, food allergies)												22.4	28.7	No linear change	Not available	No change
Unintentional injury and violence prevention (safety)							29.4	30.9	31.5	30.2		31.0	33.1	No linear change	No quadratic change	No change
Sexual health, including HIV, other STD, and pregnancy prevention												34.3	37.1	No linear change	Not available	No change

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

INDIANA

2022 School Health Profiles Report Trend Analysis Report - Principal Survey

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	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020				2022
Percentage of schools that did the following activities:																
Reviewed district's local wellness policy									23.9			92.1	90.6	No linear change	Not available	No change
Helped revise district's local wellness policy												67.0	67.4	No linear change	Not available	No change
Communicated to school staff about district's local wellness policy												84.5	84.8	No linear change	Not available	No change
Communicated to parents and families about district's local wellness policy												71.7	73.2	No linear change	Not available	No change
Communicated to students about district's local wellness policy												72.2	73.4	No linear change	Not available	No change
Measured school's compliance with district's local wellness policy												68.4	69.0	No linear change	Not available	No change
Developed an action plan that describes steps to meet requirements of district's local wellness policy												55.2	62.7	No linear change	Not available	No change

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INDIANA

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	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020				2022
Percentage of schools that currently have someone who oversees or coordinates school health and safety programs and activities						91.6	87.1	90.7	86.8	87.6		91.0	94.1	No linear change	No change, 2008-2016 Increased, 2016-2022	No change
Percentage of schools that have one or more than one group (e.g., a school health council, committee, team) that offers guidance on the development of policies or coordinates activities on health topics						71.3	63.6	61.9	54.8	54.8		54.9	58.7	Decreased, 2008-2022	Decreased, 2008-2014 No change, 2014-2022	No change
Percentage of schools that have a school health council, committee, or team that did the following activities during the past year:*																
Identified student health needs based on a review of relevant data								63.6	58.5	66.4		78.9	74.3	Increased, 2012-2022	Not available	No change
Recommended new or revised health and safety policies and activities to school administrators or the school improvement team								69.8	75.2	74.0		83.4	80.6	Increased, 2012-2022	Not available	No change

* Among schools that have one or more than one group that offers guidance on the development of policies or coordinates activities on health topics.

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INDIANA

2022 School Health Profiles Report Trend Analysis Report - Principal Survey

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Percentage of schools that have a school health council, committee, or team that did the following activities during the past year:*																
Sought funding or leveraged resources to support health and safety priorities for students and staff								56.0	57.3	68.6		73.2	70.7	Increased, 2012-2022	Not available	No change
Communicated the importance of health and safety policies and activities to district administrators, school administrators, parent-teacher groups, or community members								81.3	81.5	87.8		88.4	86.4	No linear change	Not available	No change
Reviewed health-related curricula or instructional materials								75.7	72.7	74.5		78.3	81.2	No linear change	Not available	No change

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INDIANA

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Before- or After-School Programs																
Percentage of schools that took any of the following actions related to before- or after-school programs:																
Included before- or after-school settings as part of the School Improvement Plan												34.4	53.7	Increased, 2020-2022	Not available	Increased
Encouraged before- or after-school program staff or leaders to participate in school health council, committee, or team meetings												41.8	41.7	No linear change	Not available	No change
Partnered with community-based organizations (e.g., Boys & Girls Clubs, YMCA, 4H Clubs) to provide students with before- or after-school programming												53.4	57.4	No linear change	Not available	No change

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INDIANA

2022 School Health Profiles Report Trend Analysis Report - Principal Survey

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	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020				2022
Sexual and Gender Minority Students																
Percentage of schools that have a student-led club that aims to create a safe, welcoming, and accepting school environment for all youth, regardless of sexual orientation or gender identity						19.1	26.0	22.9	28.8	36.4		42.7	46.7	Increased, 2008-2022	No quadratic change	No change
Percentage of schools with student-led clubs that support LGBT youth						19.1	26.0	22.9	28.8	36.4		42.7	46.7	Increased, 2008-2022	No quadratic change	No change
Percentage of schools that engage in the following LGBTQ youth-related practices:																
Identify "safe spaces" (e.g., a counselor's office, designated classroom, or student organization) where LGBTQ youth can receive support from administrators, teachers, or other school staff							52.3	50.6	68.6	75.5		87.2	90.2	Increased, 2010-2022	No quadratic change	No change
Prohibit harassment based on a student's perceived or actual sexual orientation or gender identity							90.4	87.5	93.6	97.8		98.1	99.2	Increased, 2010-2022	No quadratic change	No change

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INDIANA

2022 School Health Profiles Report
Trend Analysis Report - Principal Survey

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	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020				2022
Percentage of schools that engage in the following LGBTQ youth-related practices:																
Encourage staff to attend professional development on safe and supportive school environments for all students, regardless of sexual orientation or gender identity							40.2	45.0	51.0	67.2		77.2	78.2	Increased, 2010-2022	No quadratic change	No change
Facilitate access to providers not on school property who have experience in providing health services, including HIV/STD testing and counseling, to LGBTQ youth							38.1	34.5	44.8	46.9		55.2	50.6	Increased, 2010-2022	No quadratic change	No change
Facilitate access to providers not on school property who have experience in providing social and psychological services to LGBTQ youth							42.1	38.6	46.4	57.7		64.9	64.3	Increased, 2010-2022	No quadratic change	No change

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INDIANA

2022 School Health Profiles Report Trend Analysis Report - Principal Survey

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Percentage of schools in which school staff received professional development to support lesbian, gay, bisexual, and transgender students												11.2	14.6	No linear change	Not available	No change
Percentage of schools that performed all of the following activities to communicate with parents and families												0.7	3.1	No linear change	Not available	Increased

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INDIANA

2022 School Health Profiles Report Trend Analysis Report - Principal Survey

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Bullying and Sexual Harassment																
Percentage of schools in which all staff received professional development on preventing, identifying, and responding to student bullying and sexual harassment, including electronic aggression									93.9	91.8		98.1	96.6	Increased, 2014-2022	Not available	No change
Percentage of schools that have a designated staff member to whom students can confidentially report student bullying and sexual harassment, including electronic aggression									96.1	98.3		96.3	95.3	No linear change	Not available	No change
Percentage of schools that use electronic, paper, or oral communication to publicize and disseminate policies, rules, or regulations on bullying and sexual harassment, including electronic aggression									94.7	97.0		98.5	97.5	Increased, 2014-2022	Not available	No change

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INDIANA

2022 School Health Profiles Report Trend Analysis Report - Principal Survey

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	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020				2022
Required Physical Education																
Percentage of schools that taught required physical education in the following grades:*																
6th grade						100.0	96.2	100.0	92.0	87.5		90.2	93.4	Decreased, 2008-2022	†	No change
7th grade						99.4	99.0	98.0	91.7	89.4		92.2	93.7	Decreased, 2008-2022	Decreased, 2008-2016 No change, 2016-2022	No change
8th grade						99.4	98.5	98.7	91.1	87.9		91.6	93.8	Decreased, 2008-2022	Decreased, 2008-2016 No change, 2016-2022	No change

* Among schools with students in that grade. The results published here for 2012 and prior years may not match previously published numbers because the manner in which these were calculated changed in 2014.

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† Analysis cannot be conducted when prevalence estimates of 0% or 100% are present.

INDIANA

2022 School Health Profiles Report Trend Analysis Report - Principal Survey

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	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020				2022
Percentage of schools that taught required physical education in the following grades:*																
9th grade						98.5	97.1	96.9	95.6	96.7		93.2	97.1	No linear change	No quadratic change	No change
10th grade						43.7	34.2	48.5	50.6	58.9		44.2	48.2	No linear change	Increased, 2008-2016 Decreased, 2016-2022	No change
11th grade						20.5	12.7	16.4	25.0	23.6		21.6	29.5	Increased, 2008-2022	No quadratic change	No change
12th grade						20.0	13.3	13.7	25.0	22.6		21.2	29.5	Increased, 2008-2022	No quadratic change	No change

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INDIANA

2022 School Health Profiles Report
Trend Analysis Report - Principal Survey

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	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020				2022
Physical Education and Physical Activity																
Percentage of schools in which physical education teachers or specialists received professional development on physical education or physical activity during the past year								71.7	77.7			74.1	66.0	No linear change	Not available	Decreased
Percentage of schools that engage in the following physical education practices:																
Provide physical education teachers with a written physical education curriculum that aligns with national standards for physical education												81.9	87.3	No linear change	Not available	No change
Require physical education teachers to follow a written physical education curriculum												83.7	81.5	No linear change	Not available	No change
Allow the use of waivers, exemptions, or substitutions for physical education requirements for one grading period or longer												55.6	61.9	No linear change	Not available	No change

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INDIANA

2022 School Health Profiles Report Trend Analysis Report - Principal Survey

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Percentage of schools that engage in the following physical education practices:																
Allow teachers to exclude students from physical education to punish them for inappropriate behavior or failure to complete class work in another class												6.4	11.6	Increased, 2020-2022	Not available	Increased
Require physical education teachers to be certified, licensed, or endorsed by the state in physical education												98.3	97.5	No linear change	Not available	No change
Limit physical education class sizes so that they are the same size as other subject areas												62.2	64.4	No linear change	Not available	No change
Have a dedicated budget for physical education materials and equipment												83.8	87.9	No linear change	Not available	No change

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INDIANA

2022 School Health Profiles Report Trend Analysis Report - Principal Survey

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Percentage of schools that engage in the following physical education practices:																
Provide adapted physical education (i.e., special courses separate from regular PE courses) for students with disabilities as appropriate												79.2	83.3	No linear change	Not available	No change
Include students with disabilities in regular physical education courses as appropriate												98.8	99.3	No linear change	Not available	No change
Percentage of schools in which students participate in physical activity in classrooms during the school day outside of physical education							26.7	26.1	30.4			43.7	46.5	Increased, 2012-2022	Not available	No change
Percentage of schools that offer opportunities for all students to be physically active during the school day, such as recess, lunchtime intramural activities, or physical activity clubs												51.6	50.3	No linear change	Not available	No change
Percentage of schools that offer interscholastic sports to students							95.7	91.0	92.6			84.7	85.6	Decreased, 2012-2022	Not available	No change

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INDIANA

2022 School Health Profiles Report Trend Analysis Report - Principal Survey

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Percentage of schools that offer opportunities for students to participate in physical activity through organized physical activities or access to facilities or equipment for physical activity during the following times:																
Before the school day									36.4	37.6		52.4	47.7	Increased, 2014-2022	Not available	No change
After the school day												89.9	90.8	No linear change	Not available	No change
Percentage of schools that have a joint use agreement for shared use of the following school or community facilities:																
Physical activity facilities								61.3	55.5	47.2		59.5	57.6	No linear change	Not available	No change
Kitchen facilities and equipment												20.4	21.9	No linear change	Not available	No change
Gardens												12.8	11.0	No linear change	Not available	No change

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INDIANA

2022 School Health Profiles Report Trend Analysis Report - Principal Survey

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Percentage of schools that have a written plan for providing opportunities for students to be physically active before, during, and after school												14.3	15.5	No linear change	Not available	No change
Percentage of schools that have assessed opportunities available to students to be physically active before, during, or after school												42.9	41.7	No linear change	Not available	No change
Percentage of schools that have established, implemented, and/or evaluated a Comprehensive School Physical Activity Program (CSPAP)												33.3	36.9	No linear change	Not available	No change
Percentage of schools that have the following core CSPAP elements in place:																
Required physical education and related practices												57.8	64.3	No linear change	Not available	No change
Recess or classroom physical activity												67.7	66.2	No linear change	Not available	No change
Physical activity before or after school												91.3	91.3	No linear change	Not available	No change
All three core CSPAP elements												33.9	37.8	No linear change	Not available	No change

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INDIANA

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Percentage of schools that have the following process and supporting CSPAP elements in place:																	
A written plan for implementing CSPAP													14.3	15.5	No linear change	Not available	No change
Professional development for PE teachers													74.1	66.0	Decreased, 2020-2022	Not available	Decreased
Family engagement in PE or physical activity													70.4	60.6	Decreased, 2020-2022	Not available	Decreased
Joint use agreement for physical activity facilities													59.5	57.6	No linear change	Not available	No change
Assessment of opportunities for student physical activity													42.9	41.7	No linear change	Not available	No change
At least one process and supporting CSPAP element													96.2	94.2	No linear change	Not available	No change

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INDIANA

2022 School Health Profiles Report Trend Analysis Report - Principal Survey

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	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020				2022
Tobacco-Use Prevention Policies																
Percentage of schools that have adopted a policy prohibiting tobacco use						98.1	99.3	98.9	99.0	96.9		98.8	97.2	No linear change	No quadratic change	No change
Percentage of schools that follow a policy that mandates a “tobacco-free environment”						44.7	53.2	52.0	57.0	57.9		65.7	59.5	Increased, 2008-2022	No quadratic change	No change
Percentage of schools that follow a policy that mandates a “tobacco-free environment” including prohibiting electronic vapor products										55.9		64.0	59.5	No linear change	Not available	No change

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INDIANA

2022 School Health Profiles Report Trend Analysis Report - Principal Survey

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	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020				2022
Nutrition-Related Policies and Practices																
Percentage of schools that always or almost always offer fruits or non-fried vegetables at school celebrations when foods or beverages are offered						24.4	22.3	25.6	24.4	30.1		21.8	20.2	No linear change	No quadratic change	No change
Percentage of schools in which students can purchase snack foods or beverages from one or more vending machines at the school or at a school store, canteen, or snack bar						78.8	77.0	74.7	71.1	64.1		61.1	51.4	Decreased, 2008-2022	No quadratic change	Decreased
Percentage of schools in which students can purchase the following snack foods or beverages from one or more vending machines at the school or at a school store, canteen, or snack bar:																
Chocolate candy						46.3	37.5	36.4	37.5	14.1		16.8	7.9	Decreased, 2008-2022	No quadratic change	Decreased
Other kinds of candy						50.7	41.0	44.9	41.4	20.1		19.3	10.4	Decreased, 2008-2022	No change, 2008-2014 Decreased, 2014-2022	Decreased

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Percentage of schools in which students can purchase the following snack foods or beverages from one or more vending machines at the school or at a school store, canteen, or snack bar:																
Salty snacks that are not low in fat (e.g., regular potato chips)						48.8	43.3	44.9	41.2	19.6		24.6	16.3	Decreased, 2008-2022	No quadratic change	Decreased
Low sodium or “no added salt” pretzels, crackers, or chips									50.5	45.1		46.7	35.8	Decreased, 2014-2022	Not available	Decreased
Cookies, crackers, cakes, pastries, or other baked goods that are not low in fat						47.5	42.3	50.3	42.2	20.4		25.0	12.3	Decreased, 2008-2022	No change, 2008-2012 Decreased, 2012-2022	Decreased
Ice cream or frozen yogurt that is not low in fat						28.9	22.8	20.6	18.4	10.6		14.5	5.6	Decreased, 2008-2022	No quadratic change	Decreased
2% or whole milk (plain or flavored)						50.3	41.0	34.8	26.9	20.1		20.2	15.6	Decreased, 2008-2022	Decreased, 2008-2016 No change, 2016-2022	No change
Nonfat or 1% (low-fat) milk (plain)									36.0	30.4		31.5	24.4	Decreased, 2014-2022	Not available	No change

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INDIANA

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Percentage of schools in which students can purchase the following snack foods or beverages from one or more vending machines at the school or at a school store, canteen, or snack bar:																
Water ices or frozen slushes that do not contain juice						22.2	18.6	19.3	15.4	11.1		13.8	13.3	Decreased, 2008-2022	No quadratic change	No change
Soda pop or fruit drinks that are not 100% juice						56.8	47.4	48.5	45.2	29.4		29.7	19.3	Decreased, 2008-2022	No quadratic change	Decreased
Sports drinks (e.g., Gatorade)						70.4	67.7	62.7	55.6	43.7		44.3	36.9	Decreased, 2008-2022	No quadratic change	No change
Energy drinks (e.g., Red Bull, Monster)									3.1	4.5		5.8	4.9	No linear change	Not available	No change
Plain water, with or without carbonation												56.1	49.1	No linear change	Not available	No change
Calorie-free, flavored water, with or without carbonation												40.9	34.8	No linear change	Not available	No change

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Percentage of schools in which students can purchase the following snack foods or beverages from one or more vending machines at the school or at a school store, canteen, or snack bar:																
100% fruit or vegetable juice									50.9	40.0		41.1	33.8	Decreased, 2014-2022	Not available	No change
Foods or beverages containing caffeine						52.7	45.7	44.3	39.2	27.1		30.9	23.0	Decreased, 2008-2022	No quadratic change	Decreased
Fruits (not fruit juice)						41.2	33.2	35.4	27.1	29.3		29.6	22.4	Decreased, 2008-2022	No quadratic change	No change
Non-fried vegetables (not vegetable juice)						32.4	23.3	23.8	19.1	18.2		23.5	16.1	Decreased, 2008-2022	Decreased, 2008-2014 No change, 2014-2022	Decreased
Percentage of schools that do not sell less healthy foods and beverages (soda pop or fruit drinks, sports drinks, baked goods, salty snacks, candy)						23.7	28.5	30.3	34.5	47.5		47.6	57.9	Increased, 2008-2022	No quadratic change	Increased
Percentage of schools that do not sell expanded list of less healthy foods and beverages						21.8	24.5	26.8	34.1	46.6		46.6	57.9	Increased, 2008-2022	No quadratic change	Increased

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2022 School Health Profiles Report Trend Analysis Report - Principal Survey

	Prevalence												Linear Change ¹	Quadratic Change ¹	2020-2022 Change ²	
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020				2022
Percentage of schools that have done any of the following during the current school year:																
Priced nutritious foods and beverages at a lower cost while increasing the price of less nutritious foods and beverages						17.0	11.4	13.5	13.5	12.6		18.6	21.3	Increased, 2008-2022	No change, 2008-2016 Increased, 2016-2022	No change
Collected suggestions from students, families, and school staff on nutritious food preferences and strategies to promote healthy eating						54.6	49.0	53.7	41.2	45.7		41.9	43.9	Decreased, 2008-2022	No quadratic change	No change
Provided information to students or families on the nutrition and caloric content of foods available						55.5	46.8	55.1	51.3	62.2		63.2	67.8	Increased, 2008-2022	No quadratic change	No change
Conducted taste tests to determine food preferences for nutritious items						22.8	21.5	27.6	35.0	34.7		37.1	40.2	Increased, 2008-2022	No quadratic change	No change
Served locally or regionally grown foods in the cafeteria or classrooms								28.7	25.3	33.7		35.9	38.6	Increased, 2012-2022	Not available	No change
Planted a school food or vegetable garden								8.6	12.1	20.0		27.6	25.4	Increased, 2012-2022	Not available	No change

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

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2022 School Health Profiles Report Trend Analysis Report - Principal Survey

	Prevalence												Linear Change ¹	Quadratic Change ¹	2020-2022 Change ²	
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020				2022
Percentage of schools that have done any of the following during the current school year:																
Placed fruits and vegetables near the cafeteria cashier, where they are easy to access							79.3	83.7	81.5			82.7	80.8	No linear change	Not available	No change
Used attractive displays for fruits and vegetables in the cafeteria							68.3	73.0	73.7			68.6	71.5	No linear change	Not available	No change
Offered a self-serve salad bar to students							47.8	45.0	44.8			45.2	30.1	Decreased, 2012-2022	Not available	Decreased
Encouraged students to drink plain water								76.2	76.1			82.0	92.2	Increased, 2014-2022	Not available	Increased
Prohibited school staff from giving students food or food coupons as a reward for good behavior or good academic performance								15.1	25.6			27.0	26.7	Increased, 2014-2022	Not available	No change
Prohibited less nutritious foods and beverages (e.g., candy, baked goods) from being sold for fundraising purposes								21.4	41.0			38.9	39.4	Increased, 2014-2022	Not available	No change

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

INDIANA

2022 School Health Profiles Report Trend Analysis Report - Principal Survey

	Prevalence												Linear Change ¹	Quadratic Change ¹	2020-2022 Change ²		
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020				2022	
Percentage of schools that prohibit advertisements for candy, fast food restaurants, or soft drinks in the following locations:																	
In school buildings						54.2	54.7	53.2	59.1	54.2		61.3	58.4	No linear change	No quadratic change	No change	
On school grounds including on the outside of the school building, on playing fields, or other areas of the campus						47.2	42.5	39.7	45.2	42.9		51.6	52.4	Increased, 2008-2022	No change, 2008-2012 Increased, 2012-2022	No change	
On school buses or other vehicles used to transport students						66.5	67.1	65.2	72.3	63.4		67.8	63.9	No linear change	No quadratic change	No change	
In school publications (e.g., newsletters, newspapers, web sites, other school publications)						46.6	46.9	42.3	49.0	47.4		52.0	55.4	Increased, 2008-2022	No quadratic change	No change	
In curricula or other educational materials (including assignment books, school supplies, book covers, and electronic media)									64.1	51.6		61.6	58.0	No linear change	Not available	No change	
Percentage of schools that permit students to have a drinking water bottle with them during the school day									77.5	80.7	88.2		92.5	98.5	Increased, 2012-2022	Not available	Increased

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

INDIANA

2022 School Health Profiles Report
Trend Analysis Report - Principal Survey

	Prevalence												Linear Change ¹	Quadratic Change ¹	2020-2022 Change ²	
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020				2022
Percentage of schools that permit students to have a drinking water bottle with them in either all locations or certain locations during the school day							77.5	80.7	88.2			92.5	98.5	Increased, 2012-2022	Not available	Increased
Percentage of schools that offer a free source of drinking water in the following locations:*																
Cafeteria during breakfast									92.0	89.4		95.3	95.5	Increased, 2014-2022	Not available	No change
Cafeteria during lunch									94.8	89.9		96.5	95.8	No linear change	Not available	No change
Gymnasium or other indoor physical activity facilities									94.9	95.8		97.7	97.6	Increased, 2014-2022	Not available	No change
Outdoor physical activity facilities and sports fields									80.8	82.6		85.6	84.7	No linear change	Not available	No change
Hallways throughout the school									98.6	99.5		94.1	99.2	No linear change	Not available	Increased

* Among schools with that location.

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

INDIANA

2022 School Health Profiles Report Trend Analysis Report - Principal Survey

	Prevalence												Linear Change ¹	Quadratic Change ¹	2020-2022 Change ²	
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020				2022
Health Services																
Percentage of schools that have a full-time registered nurse who provides health services to students						63.2	63.5	65.4	65.9	76.6		82.2	86.4	Increased, 2008-2022	No change, 2008-2012 Increased, 2012-2022	No change
Percentage of schools that have a part-time registered nurse who provides health services to students										37.4		30.3	36.5	No linear change	Not available	No change
Percentage of schools that have a school-based health center that offers health services to students										26.2		20.9	27.1	No linear change	Not available	No change
Percentage of schools that provide the following services to students:																
HIV testing								1.2	1.6	1.3		0.3	1.2	No linear change	Not available	No change
HIV treatment									1.9	0.0		1.1	1.3	No linear change	Not available	No change
STD testing									1.6	1.3		0.7	1.9	No linear change	Not available	No change
STD treatment									2.2	0.9		1.1	1.3	No linear change	Not available	No change

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

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2022 School Health Profiles Report Trend Analysis Report - Principal Survey

	Prevalence												Linear Change ¹	Quadratic Change ¹	2020-2022 Change ²	
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020				2022
Percentage of schools that provide the following services to students:																
Pregnancy testing							1.7	3.2	2.2			2.7	2.0	No linear change	Not available	No change
Provision of condoms							0.4	1.0	0.0			0.7	2.5	No linear change	Not available	No change
Provision of condom-compatible lubricants (i.e., water- or silicone-based)								0.3	0.0			0.0	0.8	No linear change	Not available	No change
Provision of contraceptives other than condoms (e.g., birth control pill, birth control shot, intrauterine device [IUD])							0.4	0.3	0.0			0.0	0.8	No linear change	Not available	No change
Prenatal care							7.9	8.2	0.5			1.6	3.6	Decreased, 2012-2022	Not available	No change
Human papillomavirus (HPV) vaccine administration							0.8	0.7	0.9			3.0	2.6	Increased, 2012-2022	Not available	No change

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

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2022 School Health Profiles Report Trend Analysis Report - Principal Survey

Prevalence

	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020	2022	Linear Change ¹	Quadratic Change ¹	2020-2022 Change ²
Percentage of schools that provide the following services to students:																
Assessment for alcohol or other drug use, abuse, or dependency												27.8	20.6	No linear change	Not available	No change
Daily medication administration for students with chronic health conditions (e.g., asthma, diabetes)												88.0	87.5	No linear change	Not available	No change
Stock rescue or “as needed” medication for any student experiencing a health emergency (e.g., asthma episode, severe allergic reaction)												76.2	83.4	Increased, 2020-2022	Not available	Increased
Case management for students with chronic health conditions (e.g., asthma, diabetes)												74.8	73.1	No linear change	Not available	No change
Percentage of schools that provide sexual health services to students								100.0	3.9	3.1		5.4	5.3	No linear change	Not available	No change

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

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2022 School Health Profiles Report
Trend Analysis Report - Principal Survey

	Prevalence												Linear Change ¹	Quadratic Change ¹	2020-2022 Change ²		
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020				2022	
Percentage of schools that provide students with referrals to any organizations or health care professionals not on school property for the following services:																	
HIV testing							47.7	50.2	25.9			27.0	25.4	Decreased, 2012-2022	Not available	No change	
HIV treatment								48.9	33.1			31.6	25.0	Decreased, 2014-2022	Not available	No change	
nPEP (non-occupational post-exposure prophylaxis for HIV--a short course of medication given within 72 hours of exposure to infectious bodily fluids from a person known to be HIV positive)									32.5			26.4	21.9	Decreased, 2016-2022	Not available	No change	
PrEP (pre-exposure prophylaxis for HIV—medication taken daily to prevent HIV infection for those at substantial risk for HIV)												27.1	21.9	No linear change	Not available	No change	
STD testing								51.3	28.0			26.9	25.9	Decreased, 2014-2022	Not available	No change	
STD treatment								49.9	28.5			26.2	26.2	Decreased, 2014-2022	Not available	No change	

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²Based on t-test analysis, p < 0.05.

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2022 School Health Profiles Report Trend Analysis Report - Principal Survey

	Prevalence												Linear Change ¹	Quadratic Change ¹	2020-2022 Change ²	
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020				2022
Percentage of schools that provide students with referrals to any organizations or health care professionals not on school property for the following services:																
Pregnancy testing							55.5	55.7	31.1			30.2	31.0	Decreased, 2012-2022	Not available	No change
Provision of condoms							25.3	32.2	22.5			18.0	17.9	Decreased, 2012-2022	Not available	No change
Provision of condom-compatible lubricants (i.e., water- or silicone-based)								30.9	22.6			16.9	17.4	Decreased, 2014-2022	Not available	No change
Provision of contraceptives other than condoms (e.g., birth control pill, birth control shot, intrauterine device [IUD])							28.1	34.0	22.6			18.4	19.1	Decreased, 2012-2022	Not available	No change
Prenatal care							52.1	54.2	31.7			28.9	30.6	Decreased, 2012-2022	Not available	No change

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²Based on t-test analysis, p < 0.05.

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2022 School Health Profiles Report
Trend Analysis Report - Principal Survey

	Prevalence												Linear Change ¹	Quadratic Change ¹	2020-2022 Change ²		
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020				2022	
Percentage of schools that provide students with referrals to any organizations or health care professionals not on school property for the following services:																	
Human papillomavirus (HPV) vaccine administration							48.0	47.8	39.9			32.1	28.0	Decreased, 2012-2022	Not available	No change	
Alcohol or other drug abuse treatment												55.6	56.2	No linear change	Not available	No change	
Percentage of schools that provide health service referrals to students							100.0	58.2	43.0			39.2	34.8	Decreased, 2012-2022	Not available	No change	
Percentage of schools that have a protocol that ensures students with a chronic condition that may require daily or emergency management (e.g., asthma, diabetes, food allergies) are enrolled in private, state, or federally funded insurance programs if eligible								58.6	59.1			53.2	63.7	No linear change	Not available	Increased	

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

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2022 School Health Profiles Report Trend Analysis Report - Principal Survey

	Prevalence												Linear Change ¹	Quadratic Change ¹	2020-2022 Change ²	
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020				2022
Percentage of schools that routinely use school records to identify and track students with a current diagnosis of the following chronic conditions:																
Asthma								97.4	98.0			96.3	95.8	No linear change	Not available	No change
Food allergies								97.4	98.5			97.4	95.7	No linear change	Not available	No change
Diabetes								97.8	98.5			95.9	95.7	No linear change	Not available	No change
Epilepsy or seizure disorder								96.7	98.0			95.9	96.1	No linear change	Not available	No change
Obesity								40.2	29.6			28.2	31.2	Decreased, 2014-2022	Not available	No change
Hypertension/high blood pressure								76.4	71.4			67.6	66.2	Decreased, 2014-2022	Not available	No change
Oral health condition (e.g., abscess, tooth decay)												40.6	43.8	No linear change	Not available	No change

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²Based on t-test analysis, p < 0.05.

INDIANA

2022 School Health Profiles Report Trend Analysis Report - Principal Survey

	Prevalence												Linear Change ¹	Quadratic Change ¹	2020-2022 Change ²	
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020				2022
Percentage of schools that provide referrals to any organizations or health care professionals not on school property for students diagnosed with or suspected to have the following chronic conditions:																
Asthma									54.3	43.6		44.9	39.1	Decreased, 2014-2022	Not available	No change
Food allergies									53.0	43.3		44.9	37.3	Decreased, 2014-2022	Not available	No change
Diabetes									55.0	43.7		45.5	39.1	Decreased, 2014-2022	Not available	No change
Epilepsy or seizure disorder									53.4	43.3		44.1	38.8	Decreased, 2014-2022	Not available	No change
Obesity									40.8	30.8		30.7	29.3	Decreased, 2014-2022	Not available	No change
Hypertension/high blood pressure									49.9	38.4		40.1	35.5	Decreased, 2014-2022	Not available	No change
Oral health condition (e.g., abscess, tooth decay)												42.7	37.8	No linear change	Not available	No change

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²Based on t-test analysis, p < 0.05.

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2022 School Health Profiles Report Trend Analysis Report - Principal Survey

Prevalence

	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020	2022	Linear Change ¹	Quadratic Change ¹	2020-2022 Change ²
Percentage of schools in which any staff received professional development on the following topics during the past two years:																
Basic sexual health overview including community-specific information about STD, HIV, and unplanned pregnancy rates and prevention strategies												35.1	29.2	No linear change	Not available	No change
Sexual health services that adolescents should receive												32.2	27.1	No linear change	Not available	No change
Laws and policies related to adolescent sexual health services, such as minor consent for sexual health services												39.8	40.5	No linear change	Not available	No change
Importance of maintaining student confidentiality for sexual health services												43.4	47.7	No linear change	Not available	No change
How to create or use a student referral guide for sexual health services												19.2	25.1	No linear change	Not available	No change

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²Based on t-test analysis, $p < 0.05$.

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2022 School Health Profiles Report Trend Analysis Report - Principal Survey

Prevalence

	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020	2022	Linear Change ¹	Quadratic Change ¹	2020-2022 Change ²
Percentage of schools in which any staff received professional development on the following topics during the past two years:																
How to make successful referrals of students to sexual health services												22.4	26.0	No linear change	Not available	No change
Best practices for adolescent sexual health services provision, such as making services youth-friendly												23.4	27.2	No linear change	Not available	No change
Ensuring sexual health services are inclusive of lesbian, gay, bisexual, and transgender students												30.0	29.7	No linear change	Not available	No change
Percentage of schools in which any staff received professional development on all 8 sexual health services												15.3	19.1	No linear change	Not available	No change

¹Based on trend analyses using a logistic regression model, $p < 0.05$.

²Based on t-test analysis, $p < 0.05$.

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2022 School Health Profiles Report Trend Analysis Report - Principal Survey

Prevalence

	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020	2022	Linear Change ¹	Quadratic Change ¹	2020-2022 Change ²
Family and Community Involvement																
Percentage of schools that have done any of the following activities during the current school year:																
Provided parents with information to support parent-adolescent communication about sex										21.3		23.6	21.2	No linear change	Not available	No change
Provided parents with information to support parent-adolescent communication about topics other than sex												44.5	41.7	No linear change	Not available	No change
Provided parents with information about how to monitor their teen									56.7	48.5		45.3	41.6	Decreased, 2014-2022	Not available	No change
Provided parents with information to support one-on-one time between adolescents and their health care providers												20.7	22.7	No linear change	Not available	No change
Provided parents with information about physical education and physical activity programs												67.5	55.1	Decreased, 2020-2022	Not available	Decreased

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

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2022 School Health Profiles Report Trend Analysis Report - Principal Survey

	Prevalence												Linear Change ¹	Quadratic Change ¹	2020-2022 Change ²	
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020				2022
Percentage of schools that have done any of the following activities during the current school year:																
Involved parents as school volunteers in the delivery of health education activities and services									27.1	18.3		21.1	23.5	No linear change	Not available	No change
Involved parents as school volunteers in physical education or physical activity programs												31.6	28.4	No linear change	Not available	No change
Linked parents and families to health services and programs in the community									77.5	66.5		67.5	69.0	Decreased, 2014-2022	Not available	No change
Provided disease-specific education for parents and families of students with chronic health conditions (e.g., asthma, diabetes)												39.9	33.8	No linear change	Not available	No change
Provided parents with information about before- or after-school programs available in the community												68.4	71.2	No linear change	Not available	No change

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

INDIANA

2022 School Health Profiles Report Trend Analysis Report - Principal Survey

Prevalence

	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020	2022	Linear Change ¹	Quadratic Change ¹	2020-2022 Change ²
Percentage of schools that implement any of the following school-based positive youth development programs:																
Service-learning programs, that is, community service designed to meet specific learning objectives												66.9	57.8	Decreased, 2020-2022	Not available	Decreased
Mentoring programs, that is, programs in which family or community members serve as role models to students or mentor students												63.9	58.8	No linear change	Not available	No change
Percentage of schools that connect students to any of the following community-based positive youth development programs:																
Service-learning programs, that is, community service designed to meet specific learning objectives												63.2	53.2	Decreased, 2020-2022	Not available	Decreased
Mentoring programs, that is, programs in which family or community members serve as role models to students or mentor students												66.0	55.9	Decreased, 2020-2022	Not available	Decreased

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

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2022 School Health Profiles Report Trend Analysis Report - Principal Survey

Prevalence

	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020	2022	Linear Change ¹	Quadratic Change ¹	2020-2022 Change ²
Percentage of schools with service-learning and mentoring programs												86.3	78.4	Decreased, 2020-2022	Not available	Decreased
Percentage of schools in which students' families helped develop or implement policies and programs related to school health during the past two years									35.8	36.7		37.7	34.2	No linear change	Not available	No change

¹Based on trend analyses using a logistic regression model, $p < 0.05$.

²Based on t-test analysis, $p < 0.05$.

INDIANA

2022 School Health Profiles Report Trend Analysis Report - Lead Health Education Teacher Survey

	Prevalence												Linear Change ¹	Quadratic Change ¹	2020-2022 Change ²	
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020				2022
Required Health Education																
Percentage of schools in which students take only one required health education course						21.8	32.4	28.8	42.4	32.9		36.7	39.6	Increased, 2008-2022	Increased, 2008-2014 No change, 2014-2022	No change
Percentage of schools in which students take two or more required health education courses						72.9	63.0	65.0	51.1	59.1		51.4	52.5	Decreased, 2008-2022	Decreased, 2008-2014 No change, 2014-2022	No change
Percentage of schools that taught a required health education course in the following grades:*																
6th grade						74.4	68.5	68.7	58.8	54.3		45.7	53.1	Decreased, 2008-2022	No quadratic change	No change
7th grade						86.1	79.5	82.2	68.7	71.8		62.5	60.1	Decreased, 2008-2022	No quadratic change	No change
8th grade						86.9	80.1	81.6	67.4	72.9		61.8	62.1	Decreased, 2008-2022	No quadratic change	No change

* The 2008-2022 results published here may differ slightly from the 2008-2022 results published in site reports. This is because the site reports excluded data from schools that do not contain the grade in the question. Because grade information is not available in a consistent format for all years, data from these schools are included in the trend analysis.

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

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2022 School Health Profiles Report Trend Analysis Report - Lead Health Education Teacher Survey

	Prevalence												Linear Change ¹	Quadratic Change ¹	2020-2022 Change ²	
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020				2022
Percentage of schools that taught a required health education course in the following grades:*																
9th grade						43.8	49.9	49.6	54.2	50.0		46.8	61.3	No linear change	No quadratic change	Increased
10th grade						67.3	68.9	62.2	60.4	63.8		56.8	56.1	Decreased, 2008-2022	No quadratic change	No change
11th grade						5.1	9.5	9.2	12.1	13.7		12.0	19.4	Increased, 2008-2022	No quadratic change	No change
12th grade						4.3	9.5	9.4	12.8	12.9		12.2	19.6	Increased, 2008-2022	No quadratic change	No change

* The 2008-2022 results published here may differ slightly from the 2008-2022 results published in site reports. This is because the site reports excluded data from schools that do not contain the grade in the question. Because grade information is not available in a consistent format for all years, data from these schools are included in the trend analysis.

¹Based on trend analyses using a logistic regression model, $p < 0.05$.

²Based on t-test analysis, $p < 0.05$.

INDIANA

2022 School Health Profiles Report Trend Analysis Report - Lead Health Education Teacher Survey

	Prevalence												Linear Change ¹	Quadratic Change ¹	2020-2022 Change ²	
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020				2022
Percentage of schools in which those who teach health education are provided with the following materials:																
Goals, objectives, and expected outcomes for health education						92.2	86.9	84.5	83.2	82.0		79.9	77.2	Decreased, 2008-2022	No quadratic change	No change
A chart describing the annual scope and sequence of instruction for health education						58.6	59.0	59.8	57.9	55.5		56.4	58.6	No linear change	No quadratic change	No change
Plans for how to assess student performance in health education						62.3	61.1	61.4	65.6	62.3		59.4	62.1	No linear change	No quadratic change	No change
A written health education curriculum						84.4	81.7	76.4	72.3	64.7		69.4	67.7	Decreased, 2008-2022	Decreased, 2008-2016 No change, 2016-2022	No change

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

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2022 School Health Profiles Report Trend Analysis Report - Lead Health Education Teacher Survey

	Prevalence												Linear Change ¹	Quadratic Change ¹	2020-2022 Change ²	
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020				2022
Percentage of schools in which the health education curriculum addresses the following skills:																
Comprehending concepts related to health promotion and disease prevention to enhance health						98.4	98.0	97.3	94.0	92.9		91.3	92.6	Decreased, 2008-2022	Decreased, 2008-2016 No change, 2016-2022	No change
Analyzing the influence of family, peers, culture, media, technology, and other factors on health behaviors						97.2	97.4	97.3	93.3	93.0		92.1	91.8	Decreased, 2008-2022	No quadratic change	No change
Accessing valid information and products and services to enhance health						90.5	89.6	93.8	91.6	91.2		88.6	89.1	No linear change	No quadratic change	No change
Using interpersonal communication skills to enhance health and avoid or reduce health risks						95.7	95.6	95.7	92.9	93.4		92.4	92.6	Decreased, 2008-2022	No quadratic change	No change

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

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2022 School Health Profiles Report Trend Analysis Report - Lead Health Education Teacher Survey

	Prevalence												Linear Change ¹	Quadratic Change ¹	2020-2022 Change ²	
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020				2022
Percentage of schools in which the health education curriculum addresses the following skills:																
Using decision-making skills to enhance health						97.6	98.3	97.3	94.4	93.5		92.4	93.9	Decreased, 2008-2022	No quadratic change	No change
Using goal-setting skills to enhance health						93.7	94.5	96.2	93.3	93.5		91.6	92.1	No linear change	No quadratic change	No change
Practicing health-enhancing behaviors to avoid or reduce risks						96.9	97.4	97.0	93.3	93.4		93.7	93.5	Decreased, 2008-2022	No quadratic change	No change
Advocating for personal, family, and community health						95.1	92.6	93.0	92.6	92.7		88.6	89.5	Decreased, 2008-2022	No quadratic change	No change

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²Based on t-test analysis, p < 0.05.

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2022 School Health Profiles Report Trend Analysis Report - Lead Health Education Teacher Survey

Prevalence

	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020	2022	Linear Change ¹	Quadratic Change ¹	2020-2022 Change ²
Percentage of schools in which those who teach sexual health education are provided with each of the following materials:																
An approved health education scope and sequence that includes learning objectives, outcomes, and content to guide sexual health education instruction												69.4	64.1	No linear change	Not available	No change
A written health education curriculum that includes objectives and content addressing sexual health education									69.7	61.0		70.8	58.7	No linear change	Not available	Decreased
Teacher pacing guides for sexual health education (i.e., schedules that regulate a teacher's pace of the unit or curriculum)												50.9	47.4	No linear change	Not available	No change
Teaching resources (e.g., lesson plans, handouts) to support sexual health education instruction												73.7	66.1	No linear change	Not available	No change

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2022 School Health Profiles Report Trend Analysis Report - Lead Health Education Teacher Survey

	Prevalence												Linear Change ¹	Quadratic Change ¹	2020-2022 Change ²	
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020				2022
Percentage of schools in which those who teach sexual health education are provided with each of the following materials:																
Strategies that are age-appropriate, relevant, and actively engage students in learning								74.1	67.2			74.9	67.4	No linear change	Not available	No change
Methods to assess student knowledge and skills related to sexual health education								69.4	63.5			68.5	61.1	No linear change	Not available	No change
Percentage of schools in which health education instruction is required in any of grades 6 through 12							96.1	94.2	92.5	89.7		91.2	94.3	No linear change	Decreased, 2010-2016 No change, 2016-2022	No change
Percentage of schools in which teachers tried to increase student knowledge on the following topics in a required course in any of grades 6 through 12 during the current school year:																
Alcohol- or other drug-use prevention						98.5	97.0	97.3	93.5	94.1		94.2	93.7	Decreased, 2008-2022	Decreased, 2008-2016 No change, 2016-2022	No change
Asthma						63.0	69.3	71.8	68.4	72.0		57.9	58.7	Decreased, 2008-2022	No change, 2008-2016 Decreased, 2016-2022	No change

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2022 School Health Profiles Report Trend Analysis Report - Lead Health Education Teacher Survey

	Prevalence												Linear Change ¹	Quadratic Change ¹	2020-2022 Change ²	
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020				2022
Percentage of schools in which teachers tried to increase student knowledge on the following topics in a required course in any of grades 6 through 12 during the current school year:																
Chronic disease prevention										93.3		88.4	90.7	No linear change	Not available	No change
Epilepsy or seizure disorder									46.4	51.5		49.9	46.2	No linear change	Not available	No change
Food allergies									73.9	76.3		63.2	66.9	Decreased, 2014-2022	Not available	No change
Foodborne illness prevention						84.3	84.7	85.5	77.8	79.2		72.1	71.2	Decreased, 2008-2022	No quadratic change	No change
Human immunodeficiency virus (HIV) prevention						96.1	96.1	95.8	92.4	90.3		83.1	83.2	Decreased, 2008-2022	No quadratic change	No change
Human sexuality						93.1	92.4	89.2	84.6	80.2		68.5	69.7	Decreased, 2008-2022	No quadratic change	No change

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2022 School Health Profiles Report Trend Analysis Report - Lead Health Education Teacher Survey

	Prevalence												Linear Change ¹	Quadratic Change ¹	2020-2022 Change ²		
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020				2022	
Percentage of schools in which teachers tried to increase student knowledge on the following topics in a required course in any of grades 6 through 12 during the current school year:																	
Infectious disease prevention (e.g., influenza [flu] or COVID-19 prevention)							92.2	88.4	90.6			88.3	90.6	No linear change	Not available	No change	
Injury prevention and safety						90.7	91.8	89.5	86.8	89.0			91.3	89.8	No linear change	No quadratic change	No change
Mental and emotional health						96.7	91.8	96.6	89.5	92.8			95.1	97.3	No linear change	Decreased, 2008-2016 Increased, 2016-2022	No change
Nutrition and dietary behavior						99.6	96.5	98.4	96.9	97.4			95.4	96.9	Decreased, 2008-2022	No quadratic change	No change
Physical activity and fitness						99.6	99.0	99.2	98.1	97.9			98.4	98.7	No linear change	No quadratic change	No change

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2022 School Health Profiles Report Trend Analysis Report - Lead Health Education Teacher Survey

	Prevalence												Linear Change ¹	Quadratic Change ¹	2020-2022 Change ²	
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020				2022
Percentage of schools in which teachers tried to increase student knowledge on the following topics in a required course in any of grades 6 through 12 during the current school year:																
Pregnancy prevention						90.5	91.4	90.4	85.2	84.9		75.8	74.4	Decreased, 2008-2022	No quadratic change	No change
Sexually transmitted disease (STD) prevention						96.1	97.1	94.7	90.3	89.8		83.2	82.2	Decreased, 2008-2022	No quadratic change	No change
Suicide prevention						76.4	78.7	82.3	77.8	85.5		86.3	87.0	Increased, 2008-2022	No quadratic change	No change
Tobacco-use prevention or cessation						98.1	97.6	97.3	94.1	94.4		92.1	92.3	Decreased, 2008-2022	No quadratic change	No change
Violence prevention (e.g., bullying, fighting, dating violence prevention)						90.8	89.0	96.6	93.9	94.7		94.6	96.3	Increased, 2008-2022	No quadratic change	No change

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2022 School Health Profiles Report
Trend Analysis Report - Lead Health Education Teacher Survey

	Prevalence												Linear Change ¹	Quadratic Change ¹	2020-2022 Change ²			
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020				2022		
Percentage of schools in which teachers taught the following tobacco-use prevention or cessation topics in a required course for students in any of grades 6 through 12 during the current school year:																		
Identifying tobacco products and the harmful substances they contain						96.1	96.9	92.9	89.6	91.1		89.3	91.0	Decreased, 2008-2022	Decreased, 2008-2014 No change, 2014-2022	No change		
Identifying short- and long-term health consequences of tobacco product use						96.9	97.2	94.5	90.9	91.5		90.2	91.0	Decreased, 2008-2022	Decreased, 2008-2016 No change, 2016-2022	No change		
Identifying social, economic, and cosmetic consequences of tobacco product use						94.3	94.2	91.0	90.2	88.7		86.0	87.9	Decreased, 2008-2022	No quadratic change	No change		
Understanding the addictive nature of nicotine						96.9	96.6	93.6	90.6	90.1		89.3	90.2	Decreased, 2008-2022	Decreased, 2008-2016 No change, 2016-2022	No change		
Effects of nicotine on the adolescent brain											83.8	86.4	87.5	No linear change	Not available	No change		

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2022 School Health Profiles Report Trend Analysis Report - Lead Health Education Teacher Survey

	Prevalence												Linear Change ¹	Quadratic Change ¹	2020-2022 Change ²	
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020				2022
Percentage of schools in which teachers taught the following tobacco-use prevention or cessation topics in a required course for students in any of grades 6 through 12 during the current school year:																
Effects of tobacco product use on athletic performance						91.4	88.8	86.9	86.6	84.5		81.9	85.0	Decreased, 2008-2022	No quadratic change	No change
Effects of second-hand smoke and benefits of a smoke-free environment						96.5	96.5	94.5	89.8	90.7		89.4	89.3	Decreased, 2008-2022	No quadratic change	No change
Understanding the social influences on tobacco product use, including media, family, peers and culture						93.8	94.6	93.2	89.9	90.1		87.3	90.2	Decreased, 2008-2022	No quadratic change	No change
Identifying reasons why students do and do not use tobacco products						95.7	94.4	93.7	90.3	89.7		87.5	89.6	Decreased, 2008-2022	No quadratic change	No change
Making accurate assessments of how many peers use tobacco products						76.6	71.9	74.8	74.2	78.1		76.4	78.0	No linear change	No quadratic change	No change

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2022 School Health Profiles Report Trend Analysis Report - Lead Health Education Teacher Survey

	Prevalence												Linear Change ¹	Quadratic Change ¹	2020-2022 Change ²	
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020				2022
Percentage of schools in which teachers taught the following tobacco-use prevention or cessation topics in a required course for students in any of grades 6 through 12 during the current school year:																
Using interpersonal communication skills to avoid tobacco product use (e.g., refusal skills, assertiveness)						94.5	90.9	92.4	89.2	89.9		87.0	89.1	Decreased, 2008-2022	No quadratic change	No change
Using goal-setting and decision-making skills related to not using tobacco products						89.3	86.8	87.3	87.4	86.5		80.2	84.8	Decreased, 2008-2022	No quadratic change	No change
Finding valid information and services related to tobacco-use prevention and cessation						84.5	78.4	82.3	79.4	81.2		78.4	84.5	No linear change	No quadratic change	No change
Supporting others who abstain from or want to quit using tobacco products						84.0	83.8	83.1	80.9	82.0		76.7	82.6	No linear change	No quadratic change	No change

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INDIANA

2022 School Health Profiles Report
Trend Analysis Report - Lead Health Education Teacher Survey

	Prevalence												Linear Change ¹	Quadratic Change ¹	2020-2022 Change ²		
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020				2022	
Percentage of schools in which teachers taught the following tobacco-use prevention or cessation topics in a required course for students in any of grades 6 through 12 during the current school year:																	
Identifying harmful effects of tobacco product use on fetal development						94.2	91.3	88.4	86.4	86.7		82.1	83.9	Decreased, 2008-2022	No quadratic change	No change	
Relationship between using tobacco products and alcohol or other drugs									89.3	89.6		85.4	86.9	No linear change	Not available	No change	
How addiction to tobacco products can be treated									84.3	85.7		80.8	82.7	No linear change	Not available	No change	
Understanding school policies and community laws related to the sale and use of tobacco products									85.7	84.9		82.5	86.4	No linear change	Not available	No change	
Benefits of tobacco product cessation programs									74.0	72.3		71.7	75.8	No linear change	Not available	No change	
Percentage of schools that taught all 19 tobacco-use prevention topics during the current school year												60.1	62.6	No linear change	Not available	No change	

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INDIANA

2022 School Health Profiles Report Trend Analysis Report - Lead Health Education Teacher Survey

Prevalence

	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020	2022	Linear Change ¹	Quadratic Change ¹	2020-2022 Change ²
Percentage of schools in which teachers taught about the following tobacco products in a required course for students in any of grades 6 through 12 during the current school year:																
Cigarettes												89.8	89.8	No linear change	Not available	No change
Smokeless tobacco (e.g., chewing tobacco, snuff, dip, snus, dissolvable tobacco)												86.6	87.9	No linear change	Not available	No change
Cigars, little cigars, or cigarillos												78.0	79.4	No linear change	Not available	No change
Pipes												73.1	73.7	No linear change	Not available	No change
Electronic vapor products (e.g., e-cigarettes, vapes, vape pens, e-hookahs, mods, or brands such as JUUL)												89.1	90.1	No linear change	Not available	No change

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2022 School Health Profiles Report
Trend Analysis Report - Lead Health Education Teacher Survey

	Prevalence												Linear Change ¹	Quadratic Change ¹	2020-2022 Change ²		
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020				2022	
Percentage of schools in which teachers taught each of the following alcohol- and other drug-use prevention topics in a required course for students in any of grades 6 through 12 during the current school year:																	
Differences between proper use and abuse of over-the-counter medicines and prescription medicines												83.7	85.5	No linear change	Not available	No change	
Harmful short- and long-term physical, psychological, and social effects of using alcohol and other drugs												89.0	89.1	No linear change	Not available	No change	
Situations that lead to the use of alcohol and other drugs												86.5	87.7	No linear change	Not available	No change	
Alcohol and other drug use as an unhealthy way to manage weight												71.9	70.9	No linear change	Not available	No change	

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2022 School Health Profiles Report Trend Analysis Report - Lead Health Education Teacher Survey

Prevalence

	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020	2022	Linear Change ¹	Quadratic Change ¹	2020-2022 Change ²
Percentage of schools in which teachers taught each of the following alcohol- and other drug-use prevention topics in a required course for students in any of grades 6 through 12 during the current school year:																
Identifying reasons why individuals choose to use or not to use alcohol and other drugs												87.2	86.8	No linear change	Not available	No change
Using interpersonal communication skills to avoid alcohol and other drug use (e.g., refusal skills, assertiveness)												88.9	88.3	No linear change	Not available	No change
Supporting others who abstain from or want to quit using alcohol and other drugs												81.7	84.1	No linear change	Not available	No change
Understanding the social influences on alcohol and other drug use, including media, family, peers, and culture												88.6	88.5	No linear change	Not available	No change
How to persuade and support others to be alcohol and other drug free												85.0	87.2	No linear change	Not available	No change

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INDIANA

2022 School Health Profiles Report Trend Analysis Report - Lead Health Education Teacher Survey

	Prevalence												Linear Change ¹	Quadratic Change ¹	2020-2022 Change ²	
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020				2022
Percentage of schools in which teachers taught the following sexual health topics in a required course for students in any of grades 6, 7, or 8 during the current school year:																
How HIV and other STDs are transmitted						95.1	91.5	88.3	81.9	82.5		69.5	67.1	Decreased, 2008-2022	No quadratic change	No change
Health consequences of HIV, other STDs, and pregnancy						93.8	90.2	89.0	82.5	81.0		69.2	71.6	Decreased, 2008-2022	No quadratic change	No change
The benefits of being sexually abstinent						94.3	93.8	92.8	84.3	82.7		72.6	73.1	Decreased, 2008-2022	No quadratic change	No change
How to access valid and reliable health information, products, and services related to HIV, other STDs, and pregnancy						76.0	73.0	78.1	75.4	70.9		63.3	63.0	Decreased, 2008-2022	No quadratic change	No change

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INDIANA

2022 School Health Profiles Report
Trend Analysis Report - Lead Health Education Teacher Survey

	Prevalence												Linear Change ¹	Quadratic Change ¹	2020-2022 Change ²		
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020				2022	
Percentage of schools in which teachers taught the following sexual health topics in a required course for students in any of grades 6, 7, or 8 during the current school year:																	
The influences of family, peers, media, technology, and other factors on sexual risk behaviors									82.0	78.3		66.1	69.9	Decreased, 2014-2022	Not available	No change	
Communication and negotiation skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy						85.6	83.1	85.5	80.2	75.5		64.2	66.2	Decreased, 2008-2022	No quadratic change	No change	
Goal-setting and decision-making skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy						87.1	80.1	84.3	81.3	75.4		60.9	58.2	Decreased, 2008-2022	No quadratic change	No change	
Influencing and supporting others to avoid or reduce sexual risk behaviors										79.5	75.3		63.3	63.4	Decreased, 2014-2022	Not available	No change

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INDIANA

2022 School Health Profiles Report
Trend Analysis Report - Lead Health Education Teacher Survey

	Prevalence												Linear Change ¹	Quadratic Change ¹	2020-2022 Change ²		
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020				2022	
Percentage of schools in which teachers taught the following sexual health topics in a required course for students in any of grades 6, 7, or 8 during the current school year:																	
Efficacy of condoms, that is, how well condoms work and do not work							57.4	55.4	51.5	42.8		40.9	42.0	Decreased, 2010-2022	No quadratic change	No change	
The importance of using condoms consistently and correctly							31.3	42.0	33.8	31.2		32.7	35.7	No linear change	No quadratic change	No change	
How to obtain condoms							16.6	14.7	20.1	22.7		19.0	27.0	No linear change	No quadratic change	No change	
How to correctly use a condom							10.7	10.8	18.9	20.2		19.8	23.4	Increased, 2010-2022	No quadratic change	No change	
Methods of contraception other than condoms										31.7		36.3	36.1	No linear change	Not available	No change	

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INDIANA

2022 School Health Profiles Report Trend Analysis Report - Lead Health Education Teacher Survey

	Prevalence												Linear Change ¹	Quadratic Change ¹	2020-2022 Change ²	
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020				2022
Percentage of schools in which teachers taught the following sexual health topics in a required course for students in any of grades 6, 7, or 8 during the current school year:																
The importance of using a condom at the same time as another form of contraception to prevent both STDs and pregnancy							29.2	32.5	33.0			35.9	33.3	No linear change	Not available	No change
How to create and sustain healthy and respectful relationships							88.0	85.6	85.4			75.2	71.7	Decreased, 2012-2022	Not available	No change
The importance of limiting the number of sexual partners								73.5	65.5			67.4	55.3	Decreased, 2014-2022	Not available	No change
Preventive care (such as screenings and immunizations) that is necessary to maintain reproductive and sexual health								72.4	61.5			55.8	61.0	Decreased, 2014-2022	Not available	No change
How to communicate sexual consent between partners												57.9	55.3	No linear change	Not available	No change

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INDIANA

2022 School Health Profiles Report Trend Analysis Report - Lead Health Education Teacher Survey

Prevalence

	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020	2022	Linear Change ¹	Quadratic Change ¹	2020-2022 Change ²
Percentage of schools in which teachers taught the following sexual health topics in a required course for students in any of grades 6, 7, or 8 during the current school year:																
Recognizing and responding to sexual victimization and violence												55.9	56.9	No linear change	Not available	No change
Diversity of sexual orientations and gender identities												35.1	35.2	No linear change	Not available	No change
How gender roles and stereotypes affect goals, decision making, and relationships												44.8	50.3	No linear change	Not available	No change
The relationship between alcohol and other drug use and sexual risk behaviors												70.5	68.1	No linear change	Not available	No change
Percentage of schools that taught all 22 HIV, other STD, and pregnancy prevention topics in any of grades 6, 7, or 8 during the current school year												14.4	17.1	No linear change	Not available	No change

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INDIANA

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	Prevalence												Linear Change ¹	Quadratic Change ¹	2020-2022 Change ²	
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020				2022
Percentage of schools in which teachers taught the following sexual health topics in a required course for students in any of grades 9, 10, 11, or 12 during the current school year:																
How HIV and other STDs are transmitted						99.4	97.9	97.5	95.1			91.9	91.9	Decreased, 2010-2022	No quadratic change	No change
Health consequences of HIV, other STDs, and pregnancy						97.7	98.5	97.5	95.9			93.9	90.8	Decreased, 2010-2022	No quadratic change	No change
The benefits of being sexually abstinent						96.2	99.4	98.5	96.3	95.9		95.4	90.5	Decreased, 2008-2022	No quadratic change	No change
How to access valid and reliable health information, products, and services related to HIV, other STDs, and pregnancy						92.6	90.0	92.6	94.0	92.6		90.8	83.9	No linear change	No quadratic change	No change

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INDIANA

2022 School Health Profiles Report
Trend Analysis Report - Lead Health Education Teacher Survey

	Prevalence												Linear Change ¹	Quadratic Change ¹	2020-2022 Change ²		
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020				2022	
Percentage of schools in which teachers taught the following sexual health topics in a required course for students in any of grades 9, 10, 11, or 12 during the current school year:																	
The influences of family, peers, media, technology, and other factors on sexual risk behaviors									96.0	92.6		93.8	89.7	No linear change	Not available	No change	
Communication and negotiation skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy						91.7	93.9	90.8	94.8	93.4		90.2	86.5	No linear change	No quadratic change	No change	
Goal-setting and decision-making skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy						91.0	93.1	92.6	94.8	92.6		90.4	81.9	No linear change	No change, 2008-2014 Decreased, 2014-2022	No change	
Influencing and supporting others to avoid or reduce sexual risk behaviors									95.4	94.2		88.6	85.3	Decreased, 2014-2022	Not available	No change	

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

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2022 School Health Profiles Report
Trend Analysis Report - Lead Health Education Teacher Survey

	Prevalence												Linear Change ¹	Quadratic Change ¹	2020-2022 Change ²		
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020				2022	
Percentage of schools in which teachers taught the following sexual health topics in a required course for students in any of grades 9, 10, 11, or 12 during the current school year:																	
Efficacy of condoms, that is, how well condoms work and do not work						74.8	77.1	77.8	76.6	66.8		69.2	59.2	Decreased, 2008-2022	No quadratic change	No change	
The importance of using condoms consistently and correctly						59.2	60.5	62.8	61.9	57.5		59.4	50.7	No linear change	No quadratic change	No change	
How to obtain condoms						40.4	39.4	37.7	41.5	46.7		45.2	34.0	No linear change	No quadratic change	No change	
How to correctly use a condom							34.3	30.3	33.6	40.8		41.2	30.4	No linear change	No quadratic change	No change	
Methods of contraception other than condoms										62.1		63.6	55.0	No linear change	Not available	No change	

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²Based on t-test analysis, p < 0.05.

INDIANA

2022 School Health Profiles Report Trend Analysis Report - Lead Health Education Teacher Survey

	Prevalence												Linear Change ¹	Quadratic Change ¹	2020-2022 Change ²	
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020				2022
Percentage of schools in which teachers taught the following sexual health topics in a required course for students in any of grades 9, 10, 11, or 12 during the current school year:																
The importance of using a condom at the same time as another form of contraception to prevent both STDs and pregnancy							57.3	60.4	64.2			63.3	53.9	No linear change	Not available	No change
How to create and sustain healthy and respectful relationships							96.1	97.6	95.9			94.3	91.5	No linear change	Not available	No change
The importance of limiting the number of sexual partners										92.0	86.9			No linear change	Not available	No change
Preventive care (such as screenings and immunizations) that is necessary to maintain reproductive and sexual health										93.5	88.3			No linear change	Not available	No change
How to communicate sexual consent between partners												82.9	76.9	No linear change	Not available	No change

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INDIANA

2022 School Health Profiles Report Trend Analysis Report - Lead Health Education Teacher Survey

Prevalence

	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020	2022	Linear Change ¹	Quadratic Change ¹	2020-2022 Change ²
Percentage of schools in which teachers taught the following sexual health topics in a required course for students in any of grades 9, 10, 11, or 12 during the current school year:																
Recognizing and responding to sexual victimization and violence												89.0	84.6	No linear change	Not available	No change
Diversity of sexual orientations and gender identities												51.9	53.7	No linear change	Not available	No change
How gender roles and stereotypes affect goals, decision making, and relationships												66.8	64.6	No linear change	Not available	No change
The relationship between alcohol and other drug use and sexual risk behaviors												94.1	89.3	No linear change	Not available	No change
Percentage of schools that taught all 22 HIV, other STD, and pregnancy prevention topics in any of grades 9, 10, 11, or 12 during the current school year												27.9	21.9	No linear change	Not available	No change

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²Based on t-test analysis, p < 0.05.

INDIANA

2022 School Health Profiles Report Trend Analysis Report - Lead Health Education Teacher Survey

Prevalence

	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020	2022	Linear Change ¹	Quadratic Change ¹	2020-2022 Change ²
Percentage of schools in which teachers assessed the ability of students to do each of the following in a required course for students in any of grades 6, 7, or 8 during the current school year:																
Comprehend concepts important to prevent HIV, other STDs, and pregnancy									79.8	75.3		66.7	65.9	Decreased, 2014-2022	Not available	No change
Analyze the influence of family, peers, culture, media, technology, and other factors on sexual risk behaviors									74.3	70.8		62.3	62.3	Decreased, 2014-2022	Not available	No change
Access valid information, products, and services to prevent HIV, other STDs, and pregnancy									65.5	59.2		54.4	58.1	No linear change	Not available	No change
Use interpersonal communication skills to avoid or reduce sexual risk behaviors									76.6	74.5		63.1	66.7	Decreased, 2014-2022	Not available	No change

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²Based on t-test analysis, p < 0.05.

INDIANA

2022 School Health Profiles Report
Trend Analysis Report - Lead Health Education Teacher Survey

	Prevalence												Linear Change ¹	Quadratic Change ¹	2020-2022 Change ²		
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020				2022	
Percentage of schools in which teachers assessed the ability of students to do each of the following in a required course for students in any of grades 6, 7, or 8 during the current school year:																	
Use decision-making skills to prevent HIV, other STDs, and pregnancy									79.8	75.2		64.9	66.4	Decreased, 2014-2022	Not available	No change	
Set personal goals that enhance health, take steps to achieve these goals, and monitor progress in achieving them									80.0	70.6		64.7	69.0	Decreased, 2014-2022	Not available	No change	
Influence and support others to avoid or reduce sexual risk behaviors									74.9	72.1		59.2	60.4	Decreased, 2014-2022	Not available	No change	

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INDIANA

2022 School Health Profiles Report Trend Analysis Report - Lead Health Education Teacher Survey

Prevalence

	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020	2022	Linear Change ¹	Quadratic Change ¹	2020-2022 Change ²
Percentage of schools in which teachers assessed the ability of students to do each of the following in a required course for students in any of grades 9, 10, 11, or 12 during the current school year:																
Comprehend concepts important to prevent HIV, other STDs, and pregnancy									97.5	93.7		92.6	89.4	Decreased, 2014-2022	Not available	No change
Analyze the influence of family, peers, culture, media, technology, and other factors on sexual risk behaviors									95.5	92.7		90.8	86.8	Decreased, 2014-2022	Not available	No change
Access valid information, products, and services to prevent HIV, other STDs, and pregnancy									90.8	87.7		88.8	84.8	No linear change	Not available	No change
Use interpersonal communication skills to avoid or reduce sexual risk behaviors									94.8	93.5		92.9	87.1	No linear change	Not available	No change

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INDIANA

2022 School Health Profiles Report Trend Analysis Report - Lead Health Education Teacher Survey

Prevalence

	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020	2022	Linear Change ¹	Quadratic Change ¹	2020-2022 Change ²
Percentage of schools in which teachers assessed the ability of students to do each of the following in a required course for students in any of grades 9, 10, 11, or 12 during the current school year:																
Use decision-making skills to prevent HIV, other STDs, and pregnancy									96.8	91.9		91.9	84.8	Decreased, 2014-2022	Not available	No change
Set personal goals that enhance health, take steps to achieve these goals, and monitor progress in achieving them									93.5	85.7		89.7	83.3	No linear change	Not available	No change
Influence and support others to avoid or reduce sexual risk behaviors									96.1	87.2		89.5	83.3	Decreased, 2014-2022	Not available	No change

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

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2022 School Health Profiles Report Trend Analysis Report - Lead Health Education Teacher Survey

Prevalence

	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020	2022	Linear Change ¹	Quadratic Change ¹	2020-2022 Change ²
Percentage of schools in which teachers provided students with the opportunity to practice the following skills in a required course for students in any of grades 6 through 12 during the current school year:																
Communication, decision-making, goal-setting, or refusal skills related to sexual health (e.g., through role playing)												68.6	61.5	No linear change	Not available	No change
Analyzing the influence of family, peers, culture, media, or technology on sexual health												68.8	68.3	No linear change	Not available	No change
Accessing valid sexual health information, products, and services												59.7	56.2	No linear change	Not available	No change

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2022 School Health Profiles Report Trend Analysis Report - Lead Health Education Teacher Survey

Prevalence

	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020	2022	Linear Change ¹	Quadratic Change ¹	2020-2022 Change ²
Percentage of schools in which teachers implemented the following inclusive practices when providing sexual health education in a required course for students in grades 6 through 12 during the current school year:*																
Encouraged use of gender-neutral pronouns such as “they/them” during instruction to recognize gender diversity among students												35.8	40.5	No linear change	Not available	No change
Provided positive examples of lesbian, gay, bisexual, or transgender (LGBT) people and same-sex or gender relationships (e.g., family, peer, or romantic)												24.1	26.8	No linear change	Not available	No change
Encouraged students to respect others' sexual and gender identities												73.5	74.5	No linear change	Not available	No change

* Among schools that teach sexual health education.

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²Based on t-test analysis, $p < 0.05$.

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2022 School Health Profiles Report
Trend Analysis Report - Lead Health Education Teacher Survey

	Prevalence												Linear Change ¹	Quadratic Change ¹	2020-2022 Change ²	
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020	2022			
Percentage of schools in which teachers implemented the following inclusive practices when providing sexual health education in a required course for students in grades 6 through 12 during the current school year:*																
Provided students with information about LGBT resources within the school (e.g., counseling services, student support groups like Gay/Straight Alliances or Genders and Sexualities Alliances)												30.4	35.7	No linear change	Not available	No change
Identified additional LGBT resources available in the community or online												23.0	26.3	No linear change	Not available	No change
Percentage of schools in which teachers taught the following nutrition and dietary behavior topics in a required course for students in any of grades 6 through 12 during the current school year:																
Benefits of healthy eating						99.2	95.8	98.0	95.9	96.5		93.2	96.0	Decreased, 2008-2022	No quadratic change	No change

* Among schools that teach sexual health education.

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²Based on t-test analysis, p < 0.05.

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2022 School Health Profiles Report Trend Analysis Report - Lead Health Education Teacher Survey

	Prevalence												Linear Change ¹	Quadratic Change ¹	2020-2022 Change ²	
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020				2022
Percentage of schools in which teachers taught the following nutrition and dietary behavior topics in a required course for students in any of grades 6 through 12 during the current school year:																
Benefits of drinking plenty of water									94.8	96.4		93.2	96.5	No linear change	Not available	No change
Benefits of eating breakfast every day										96.0		91.1	96.0	No linear change	Not available	Increased
Food guidance using the current Dietary Guidelines for Americans (e.g., MyPlate, healthy eating patterns)									89.0	93.5		87.9	92.5	No linear change	Not available	No change
Using food labels						94.6	90.7	93.7	89.3	92.5		87.5	92.4	No linear change	No quadratic change	No change
Differentiating between nutritious and non-nutritious beverages										90.2	92.2	89.0	92.5	No linear change	Not available	No change

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²Based on t-test analysis, p < 0.05.

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2022 School Health Profiles Report Trend Analysis Report - Lead Health Education Teacher Survey

	Prevalence												Linear Change ¹	Quadratic Change ¹	2020-2022 Change ²	
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020				2022
Percentage of schools in which teachers taught the following nutrition and dietary behavior topics in a required course for students in any of grades 6 through 12 during the current school year:																
Balancing food intake and physical activity						99.3	93.0	97.7	94.0	95.9		91.1	94.9	Decreased, 2008-2022	No quadratic change	No change
Eating more fruits, vegetables, and whole grain products						97.3	94.4	96.4	91.3	95.5		92.3	93.4	Decreased, 2008-2022	No quadratic change	No change
Choosing foods and snacks that are low in solid fat (i.e., saturated and trans fat)						96.9	94.7	95.2	88.8	93.0		87.0	92.0	Decreased, 2008-2022	Decreased, 2008-2014 No change, 2014-2022	No change
Choosing foods, snacks, and beverages that are low in added sugars									90.6	94.0		89.1	91.0	No linear change	Not available	No change
Choosing foods and snacks that are low in sodium									86.4	90.0		85.0	90.0	No linear change	Not available	No change

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2022 School Health Profiles Report Trend Analysis Report - Lead Health Education Teacher Survey

	Prevalence												Linear Change ¹	Quadratic Change ¹	2020-2022 Change ²	
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020				2022
Percentage of schools in which teachers taught the following nutrition and dietary behavior topics in a required course for students in any of grades 6 through 12 during the current school year:																
Eating a variety of foods that are high in calcium								86.4	90.9			83.9	91.4	No linear change	Not available	Increased
Eating a variety of foods that are high in iron								79.4	89.2			81.2	85.5	No linear change	Not available	No change
Food safety						87.9	88.9	87.2	83.4	85.9		80.4	88.0	No linear change	No quadratic change	Increased
Preparing healthy meals and snacks						92.7	89.1	88.1	84.0	88.9		85.6	87.6	Decreased, 2008-2022	Decreased, 2008-2014 No change, 2014-2022	No change
Risks of unhealthy weight control practices						96.9	93.1	94.1	92.0	94.5		87.7	89.4	Decreased, 2008-2022	No quadratic change	No change

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2022 School Health Profiles Report Trend Analysis Report - Lead Health Education Teacher Survey

	Prevalence												Linear Change ¹	Quadratic Change ¹	2020-2022 Change ²	
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020				2022
Percentage of schools in which teachers taught the following nutrition and dietary behavior topics in a required course for students in any of grades 6 through 12 during the current school year:																
Accepting body size differences						93.5	88.5	88.1	89.2	93.5		90.2	91.5	No linear change	No quadratic change	No change
Signs, symptoms, and treatment for eating disorders						93.1	90.4	88.6	86.3	86.9		81.7	86.4	Decreased, 2008-2022	No quadratic change	No change
Relationship between diet and chronic diseases									85.2	90.0		84.7	88.4	No linear change	Not available	No change
Food production, including how food is grown, harvested, processed, packaged, and transported												67.8	72.5	No linear change	Not available	No change

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2022 School Health Profiles Report Trend Analysis Report - Lead Health Education Teacher Survey

	Prevalence												Linear Change ¹	Quadratic Change ¹	2020-2022 Change ²	
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020				2022
Percentage of schools in which teachers taught the following physical activity topics in a required course for students in any of grades 6 through 12 during the current school year:																
Short-term and long-term benefits of physical activity, including reducing the risks for chronic disease									95.3	96.1		94.2	97.0	No linear change	Not available	No change
Mental and social benefits of physical activity									96.3	94.4		93.4	98.5	No linear change	Not available	Increased
Health-related fitness (i.e., cardiorespiratory endurance, muscular endurance, muscular strength, flexibility, and body composition)						97.2	95.7	98.4	96.0	96.5		92.9	97.0	No linear change	No quadratic change	Increased
Phases of a workout (i.e., warm-up, workout, cool down)						93.4	93.5	93.7	93.3	94.2		91.0	94.1	No linear change	No quadratic change	No change

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INDIANA

2022 School Health Profiles Report
Trend Analysis Report - Lead Health Education Teacher Survey

	Prevalence												Linear Change ¹	Quadratic Change ¹	2020-2022 Change ²		
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020				2022	
Percentage of schools in which teachers taught the following physical activity topics in a required course for students in any of grades 6 through 12 during the current school year:																	
Recommended amounts and types of moderate, vigorous, muscle-strengthening, and bone-strengthening physical activity									90.8	92.5			88.1	93.6	No linear change	Not available	Increased
Decreasing sedentary activities (e.g., television viewing)						94.5	93.8	93.7	95.2	95.8			92.1	96.5	No linear change	No quadratic change	Increased
Preventing injury during physical activity						93.9	92.8	92.1	92.2	92.2			91.6	95.6	No linear change	No quadratic change	No change
Weather-related safety (e.g., avoiding heat stroke, hypothermia, and sunburn while physically active)						92.0	84.0	85.9	82.8	86.9			80.6	86.0	Decreased, 2008-2022	Decreased, 2008-2012 No change, 2012-2022	No change
Dangers of using performance-enhancing drugs (e.g., steroids)						93.8	92.1	89.7	85.3	89.7			82.3	83.2	Decreased, 2008-2022	No quadratic change	No change

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	Prevalence												Linear Change ¹	Quadratic Change ¹	2020-2022 Change ²	
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020				2022
Percentage of schools in which teachers taught the following physical activity topics in a required course for students in any of grades 6 through 12 during the current school year:																
Increasing daily physical activity								96.6	97.0			94.6	98.0	No linear change	Not available	No change
Incorporating physical activity into daily life (without relying on a structured exercise plan or special equipment)								96.3	95.7			94.2	97.5	No linear change	Not available	No change
Using safety equipment for specific physical activities								89.8	91.6			88.0	92.1	No linear change	Not available	No change
Benefits of drinking water before, during, and after physical activity								95.3	96.1			92.9	98.0	No linear change	Not available	Increased
Percentage of schools that taught all 13 physical activity topics during the current school year								73.5	78.1			69.4	74.5	No linear change	Not available	No change

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2022 School Health Profiles Report Trend Analysis Report - Lead Health Education Teacher Survey

	Prevalence												Linear Change ¹	Quadratic Change ¹	2020-2022 Change ²	
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020				2022
SHE_PM_1807_2: The percentage of schools that assess the ability of students to do 7 skills in a required course taught during grades 6, 7, or 8 and during grades 9, 10, 11, or 12									68.7	63.6		57.8	59.5	Decreased, 2014-2022	Not available	No change
SHS_PM_1807_4: The percentage of schools that taught all 3 of the SHS topics in grades 9, 10, 11, or 12									39.8	46.0		44.1	33.3	No linear change	Not available	No change
SSE_PM_1807_1: The percentage of schools in which school staff received professional development on classroom management techniques						41.4	50.8	46.4	51.5	51.9		62.6	57.2	Increased, 2008-2022	No quadratic change	No change

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²Based on t-test analysis, p < 0.05.

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2022 School Health Profiles Report
Trend Analysis Report - Lead Health Education Teacher Survey

	Prevalence												Linear Change ¹	Quadratic Change ¹	2020-2022 Change ²	
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020				2022
Parent and Family Involvement																
Percentage of schools that provided parents and families with health information designed to increase parent and family knowledge of the following topics during the current school year:																
Alcohol- or other drug-use prevention										27.3		30.6	41.9	Increased, 2016-2022	Not available	Increased
Asthma						11.5	11.8	11.7	14.7	19.5		22.0	25.5	Increased, 2008-2022	No quadratic change	No change
Food allergies									19.0	26.4		28.9	33.9	Increased, 2014-2022	Not available	No change
HIV, other STD, or pregnancy prevention						23.0	19.7	16.8	21.6	19.8		24.5	33.1	Increased, 2008-2022	No change, 2008-2012 Increased, 2012-2022	Increased
Nutrition and healthy eating						32.4	31.6	31.5	35.3	37.4		40.0	45.1	Increased, 2008-2022	No quadratic change	No change

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INDIANA

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	Prevalence												Linear Change ¹	Quadratic Change ¹	2020-2022 Change ²	
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020				2022
Percentage of schools that provided parents and families with health information designed to increase parent and family knowledge of the following topics during the current school year:																
Physical activity						36.2	31.5	30.2	34.2	36.0		38.2	45.0	Increased, 2008-2022	No change, 2008-2012 Increased, 2012-2022	No change
Preventing student bullying and sexual harassment, including electronic aggression (i.e., cyber-bullying)									61.5	66.8		58.9	48.8	Decreased, 2014-2022	Not available	Decreased
Tobacco-use prevention or cessation						31.6	25.8	22.2	23.3	25.1		35.4	42.6	Increased, 2008-2022	Decreased, 2008-2012 Increased, 2012-2022	No change
Percentage of schools in which teachers have given students health education homework assignments or activities to do at home with their parents during the current school year																
									57.8	57.2		46.9	45.1	Decreased, 2014-2022	Not available	No change

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²Based on t-test analysis, p < 0.05.

INDIANA

2022 School Health Profiles Report Trend Analysis Report - Lead Health Education Teacher Survey

	Prevalence												Linear Change ¹	Quadratic Change ¹	2020-2022 Change ²	
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020				2022
Professional Development																
Percentage of schools in which the lead health education teacher received professional development on the following topics during the two years before the survey:																
Alcohol- or other drug-use prevention						30.3	21.4	24.3	22.4	24.8		30.9	27.1	No linear change	No change, 2008-2012 No change, 2012-2022	No change
Asthma						11.8	10.2	9.5	11.5	16.8		14.0	19.3	Increased, 2008-2022	No quadratic change	No change
Chronic disease prevention (e.g., diabetes, obesity prevention)										19.0		22.1	18.9	No linear change	Not available	No change
Epilepsy or seizure disorder									16.1	16.6		28.1	33.3	Increased, 2014-2022	Not available	No change
Food allergies									14.7	18.6		23.3	23.3	Increased, 2014-2022	Not available	No change
Foodborne illness prevention						15.8	11.6	9.9	7.4	12.1		17.2	14.8	No linear change	Decreased, 2008-2014 Increased, 2014-2022	No change

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²Based on t-test analysis, p < 0.05.

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2022 School Health Profiles Report Trend Analysis Report - Lead Health Education Teacher Survey

	Prevalence												Linear Change ¹	Quadratic Change ¹	2020-2022 Change ²	
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020				2022
Percentage of schools in which the lead health education teacher received professional development on the following topics during the two years before the survey:																
HIV prevention						47.0	28.4	28.7	25.7	21.9		18.6	22.1	Decreased, 2008-2022	Decreased, 2008-2012 Decreased, 2012-2022	No change
Human sexuality						33.7	17.8	23.8	20.2	16.3		19.7	15.6	Decreased, 2008-2022	Decreased, 2008-2016 No change, 2016-2022	No change
Infectious disease prevention (e.g., influenza [flu] or COVID-19 prevention)								26.7	26.7	26.8		41.0	46.6	Increased, 2012-2022	Not available	No change
Injury prevention and safety						28.8	29.3	27.7	25.3	33.7		39.0	36.3	Increased, 2008-2022	No quadratic change	No change
Mental and emotional health						23.8	20.4	19.6	22.9	31.6		62.0	52.6	Increased, 2008-2022	No change, 2008-2012 Increased, 2012-2022	No change

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

INDIANA

2022 School Health Profiles Report Trend Analysis Report - Lead Health Education Teacher Survey

	Prevalence												Linear Change ¹	Quadratic Change ¹	2020-2022 Change ²	
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020				2022
Percentage of schools in which the lead health education teacher received professional development on the following topics during the two years before the survey:																
Nutrition and dietary behavior						23.3	21.0	23.9	19.9	23.4		28.6	23.0	No linear change	No quadratic change	No change
Physical activity and fitness						39.9	38.2	39.2	32.2	39.4		41.2	29.5	No linear change	No quadratic change	Decreased
Pregnancy prevention						22.9	16.5	17.6	18.6	11.0		14.4	12.2	Decreased, 2008-2022	No quadratic change	No change
STD prevention						37.2	20.3	27.3	25.5	15.3		15.8	13.5	Decreased, 2008-2022	No quadratic change	No change
Suicide prevention						14.5	12.8	20.7	22.3	33.7		64.3	62.7	Increased, 2008-2022	No quadratic change	No change

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

INDIANA

2022 School Health Profiles Report Trend Analysis Report - Lead Health Education Teacher Survey

	Prevalence												Linear Change ¹	Quadratic Change ¹	2020-2022 Change ²	
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020				2022
Percentage of schools in which the lead health education teacher received professional development on the following topics during the two years before the survey:																
Tobacco-use prevention or cessation						27.4	19.5	17.1	18.3	16.7		35.0	28.1	Increased, 2008-2022	Decreased, 2008-2012 Increased, 2012-2022	No change
Violence prevention (e.g., bullying, fighting, dating violence prevention)						41.7	37.7	49.0	55.6	53.7		58.7	45.8	Increased, 2008-2022	Increased, 2008-2014 No change, 2014-2022	Decreased
Percentage of schools in which the lead health education teacher received professional development on the following topics during the two years before the survey:																
Teaching students with physical, medical, or cognitive disabilities						32.7	34.1	39.2	36.2	44.9		50.5	48.8	Increased, 2008-2022	No quadratic change	No change
Teaching students of various racial/ethnic and cultural backgrounds						22.6	28.3	28.8	29.8	37.9		47.4	47.3	Increased, 2008-2022	No quadratic change	No change

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

INDIANA

2022 School Health Profiles Report Trend Analysis Report - Lead Health Education Teacher Survey

	Prevalence												Linear Change ¹	Quadratic Change ¹	2020-2022 Change ²	
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020				2022
Percentage of schools in which the lead health education teacher received professional development on the following topics during the two years before the survey:																
Teaching English language learners (ELL)						19.6	21.9	19.5	24.7	36.1		42.1	37.8	Increased, 2008-2022	No quadratic change	No change
How to support lesbian, gay, bisexual, and transgender students (e.g., bystander intervention skills, implementing safe spaces, use of inclusive language, providing students with information about LGBT resources within the school)												20.6	24.8	No linear change	Not available	No change
Using interactive teaching methods (e.g., role plays, cooperative group activities)						38.9	42.5	39.1	44.8	46.3		46.9	43.9	No linear change	No quadratic change	No change

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²Based on t-test analysis, p < 0.05.

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2022 School Health Profiles Report Trend Analysis Report - Lead Health Education Teacher Survey

	Prevalence												Linear Change ¹	Quadratic Change ¹	2020-2022 Change ²	
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020				2022
Percentage of schools in which the lead health education teacher received professional development on the following topics during the two years before the survey:																
Encouraging family or community involvement						21.3	28.3	22.9	24.1	30.0		38.6	37.5	Increased, 2008-2022	No quadratic change	No change
Teaching skills for behavior change						31.7	35.4	31.8	34.1	39.2		50.2	40.1	Increased, 2008-2022	No quadratic change	Decreased
Classroom management techniques (e.g., social skills training, environmental modification, conflict resolution and mediation, behavior management)						41.4	50.8	46.4	51.5	51.9		62.6	57.2	Increased, 2008-2022	No quadratic change	No change

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

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2022 School Health Profiles Report Trend Analysis Report - Lead Health Education Teacher Survey

Prevalence

	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020	2022	Linear Change ¹	Quadratic Change ¹	2020-2022 Change ²
Percentage of schools in which the lead health education teacher received professional development on the following topics related to teaching sexual health education:																
Aligning lessons and materials with the district scope and sequence for sexual health education										17.3		24.5	20.7	No linear change	Not available	No change
Creating a comfortable and safe learning environment for students receiving sexual health education										15.7		20.2	18.8	No linear change	Not available	No change
Connecting students to on-site or community-based sexual health services										12.6		17.4	14.0	No linear change	Not available	No change
Using a variety of effective instructional strategies to deliver sexual health education										14.2		18.5	14.5	No linear change	Not available	No change
Building student skills in HIV, other STD, and pregnancy prevention										13.8		17.0	14.0	No linear change	Not available	No change

¹Based on trend analyses using a logistic regression model, $p < 0.05$.

²Based on t-test analysis, $p < 0.05$.

INDIANA

2022 School Health Profiles Report
Trend Analysis Report - Lead Health Education Teacher Survey

	Prevalence												Linear Change ¹	Quadratic Change ¹	2020-2022 Change ²		
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020				2022	
Percentage of schools in which the lead health education teacher received professional development on the following topics related to teaching sexual health education:																	
Assessing student knowledge and skills in sexual health education										13.6		18.2	13.5	No linear change	Not available	No change	
Understanding current district or school board policies or curriculum guidance regarding sexual health education										16.2		25.4	16.8	No linear change	Not available	Decreased	
Identifying appropriate modifications to the sexual health curriculum to meet the needs of all students												21.6	14.4	No linear change	Not available	No change	
Engaging parents in sexual health education												15.6	9.6	No linear change	Not available	No change	

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

INDIANA

2022 School Health Profiles Report
Trend Analysis Report - Lead Health Education Teacher Survey

	Prevalence												Linear Change ¹	Quadratic Change ¹	2020-2022 Change ²	
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020				2022
Percentage of schools in which the lead health education teacher would like to receive professional development on the following topics:																
Alcohol- or other drug-use prevention						72.1	71.4	74.7	74.1	61.0		53.8	54.2	Decreased, 2008-2022	No quadratic change	No change
Asthma						49.1	41.7	39.6	44.3	33.7		25.6	30.7	Decreased, 2008-2022	No quadratic change	No change
Chronic disease prevention (e.g., diabetes, obesity prevention)										54.4		41.9	44.4	Decreased, 2016-2022	Not available	No change
Epilepsy or seizure disorder									42.4	38.5		27.8	36.7	Decreased, 2014-2022	Not available	Increased
Food allergies									44.4	33.6		28.7	33.9	Decreased, 2014-2022	Not available	No change
Foodborne illness prevention						43.7	35.3	39.1	37.5	29.3		26.3	25.7	Decreased, 2008-2022	No quadratic change	No change

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²Based on t-test analysis, p < 0.05.

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2022 School Health Profiles Report Trend Analysis Report - Lead Health Education Teacher Survey

	Prevalence												Linear Change ¹	Quadratic Change ¹	2020-2022 Change ²	
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020				2022
Percentage of schools in which the lead health education teacher would like to receive professional development on the following topics:																
HIV prevention						63.6	58.0	56.3	57.1	45.8		39.2	37.0	Decreased, 2008-2022	No quadratic change	No change
Human sexuality						58.1	59.1	56.0	58.7	55.9		49.5	50.9	Decreased, 2008-2022	No quadratic change	No change
Infectious disease prevention (e.g., influenza [flu] or COVID-19 prevention)								49.0	48.6	43.2		42.6	41.4	Decreased, 2012-2022	Not available	No change
Injury prevention and safety						51.6	48.8	48.5	46.5	44.5		39.5	35.6	Decreased, 2008-2022	No quadratic change	No change
Mental and emotional health						56.4	61.7	66.3	65.7	61.6		62.6	62.2	No linear change	No quadratic change	No change

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²Based on t-test analysis, p < 0.05.

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2022 School Health Profiles Report Trend Analysis Report - Lead Health Education Teacher Survey

	Prevalence												Linear Change ¹	Quadratic Change ¹	2020-2022 Change ²	
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020				2022
Percentage of schools in which the lead health education teacher would like to receive professional development on the following topics:																
Nutrition and dietary behavior						68.4	63.9	63.1	64.2	60.7		52.8	48.8	Decreased, 2008-2022	No quadratic change	No change
Physical activity and fitness						59.8	65.0	62.1	61.2	56.3		48.0	46.4	Decreased, 2008-2022	No quadratic change	No change
Pregnancy prevention						58.0	59.1	58.1	57.8	45.7		39.5	34.3	Decreased, 2008-2022	No change, 2008-2014 Decreased, 2014-2022	No change
STD prevention						63.8	62.8	60.9	59.8	49.4		44.1	41.2	Decreased, 2008-2022	No quadratic change	No change
Suicide prevention						67.7	70.0	70.5	68.7	64.4		56.8	60.8	Decreased, 2008-2022	No quadratic change	No change

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

INDIANA

2022 School Health Profiles Report
Trend Analysis Report - Lead Health Education Teacher Survey

	Prevalence												Linear Change ¹	Quadratic Change ¹	2020-2022 Change ²	
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020				2022
Percentage of schools in which the lead health education teacher would like to receive professional development on the following topics:																
Tobacco-use prevention or cessation						64.7	60.3	61.6	61.8	49.0		53.0	46.8	Decreased, 2008-2022	No quadratic change	No change
Violence prevention (e.g., bullying, fighting, dating violence prevention)						68.5	75.7	76.0	75.5	61.6		55.5	54.8	Decreased, 2008-2022	Increased, 2008-2012 Decreased, 2012-2022	No change
Percentage of schools in which the lead health education teacher would like to receive professional development on the following topics:																
Teaching students with physical, medical, or cognitive disabilities						50.5	52.9	56.8	59.9	50.5		47.8	42.5	Decreased, 2008-2022	Increased, 2008-2014 Decreased, 2014-2022	No change
Teaching students of various racial/ethnic and cultural backgrounds						45.6	37.7	44.9	50.1	42.2		44.1	43.8	No linear change	No quadratic change	No change

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

INDIANA

2022 School Health Profiles Report Trend Analysis Report - Lead Health Education Teacher Survey

	Prevalence												Linear Change ¹	Quadratic Change ¹	2020-2022 Change ²		
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020				2022	
Percentage of schools in which the lead health education teacher would like to receive professional development on the following topics:																	
Teaching English language learners (ELL)						39.4	35.0	39.5	45.2	38.9			37.5	34.5	No linear change	No quadratic change	No change
How to support lesbian, gay, bisexual, and transgender students (e.g., bystander intervention skills, implementing safe spaces, use of inclusive language, providing students with information about LGBT resources within the school)													50.3	45.6	No linear change	Not available	No change
Using interactive teaching methods (e.g., role plays, cooperative group activities)						52.3	58.4	62.3	62.7	54.5			46.0	46.3	Decreased, 2008-2022	Increased, 2008-2012 Decreased, 2012-2022	No change
Encouraging family or community involvement						56.8	58.1	67.2	64.8	59.2			53.1	48.6	Decreased, 2008-2022	Increased, 2008-2012 Decreased, 2012-2022	No change

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

INDIANA

2022 School Health Profiles Report
Trend Analysis Report - Lead Health Education Teacher Survey

	Prevalence												Linear Change ¹	Quadratic Change ¹	2020-2022 Change ²	
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020				2022
Percentage of schools in which the lead health education teacher would like to receive professional development on the following topics:																
Teaching skills for behavior change						68.8	62.9	67.7	65.5	62.6		55.5	51.2	Decreased, 2008-2022	No quadratic change	No change
Classroom management techniques (e.g., social skills training, environmental modification, conflict resolution and mediation, behavior management)						56.2	58.5	57.7	58.9	48.8		47.8	40.9	Decreased, 2008-2022	No quadratic change	No change
Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics related to teaching sexual health education:																
Aligning lessons and materials with the district scope and sequence for sexual health education											51.5	36.7	37.2	Decreased, 2016-2022	Not available	No change

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

INDIANA

2022 School Health Profiles Report Trend Analysis Report - Lead Health Education Teacher Survey

Prevalence

	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020	2022	Linear Change ¹	Quadratic Change ¹	2020-2022 Change ²
Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics related to teaching sexual health education:																
Creating a comfortable and safe learning environment for students receiving sexual health education										56.2		42.2	40.5	Decreased, 2016-2022	Not available	No change
Connecting students to on-site or community-based sexual health services										52.5		41.6	36.5	Decreased, 2016-2022	Not available	No change
Using a variety of effective instructional strategies to deliver sexual health education										63.2		47.4	41.3	Decreased, 2016-2022	Not available	No change
Building student skills in HIV, other STD, and pregnancy prevention										56.2		46.4	36.2	Decreased, 2016-2022	Not available	Decreased
Assessing student knowledge and skills in sexual health education										54.0		42.0	39.0	Decreased, 2016-2022	Not available	No change

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

INDIANA

2022 School Health Profiles Report Trend Analysis Report - Lead Health Education Teacher Survey

Prevalence

	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020	2022	Linear Change ¹	Quadratic Change ¹	2020-2022 Change ²
Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics related to teaching sexual health education:																
Understanding current district or school board policies or curriculum guidance regarding sexual health education										56.9		41.2	40.9	Decreased, 2016-2022	Not available	No change
Identifying appropriate modifications to the sexual health curriculum to meet the needs of all students												45.7	42.3	No linear change	Not available	No change
Engaging parents in sexual health education												40.5	40.9	No linear change	Not available	No change

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

INDIANA

2022 School Health Profiles Report Trend Analysis Report - Lead Health Education Teacher Survey

	Prevalence												Linear Change ¹	Quadratic Change ¹	2020-2022 Change ²	
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020				2022
Professional Preparation																
Percentage of schools in which the major emphasis of the lead health education teacher's professional preparation was on the following:																
Health education or health and physical education combined (a or b)						80.3	81.0	80.0	74.8	70.8		66.1	59.7	Decreased, 2008-2022	No quadratic change	No change
Physical education, kinesiology, exercise science or exercise physiology (c or e)						13.7	12.0	13.6	16.7	16.5		18.9	18.6	Increased, 2008-2022	No quadratic change	No change
Home economics or family and consumer science, biology or other science, or nutrition (f, g, or k)						1.2	3.3	3.6	2.6	2.0		1.7	2.0	No linear change	No quadratic change	No change
Nursing or counseling (h or i)						0.4	0.5	0.0	1.9	3.7		3.6	11.5	Increased, 2008-2022	†	Increased
Public health or other (j or l)						0.0	1.3	0.4	0.4	3.3		3.5	1.4	Increased, 2008-2022	†	No change
Percentage of schools in which the lead health education teacher is certified, licensed, or endorsed by the state to teach health education in middle school or high school						95.4	95.2	95.4	93.3	89.7		88.6	80.4	Decreased, 2008-2022	No quadratic change	Decreased

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.

† Analysis cannot be conducted when prevalence estimates of 0% or 100% are present.

INDIANA

2022 School Health Profiles Report
Trend Analysis Report - Lead Health Education Teacher Survey

	Prevalence												Linear Change ¹	Quadratic Change ¹	2020-2022 Change ²	
	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020				2022
Percentage of schools in which the lead health education teacher had the following number of years of experience in teaching health education courses or topics:																
1 year						3.6	3.0	3.3	8.1	8.8		8.8	10.4	Increased, 2008-2022	No quadratic change	No change
2 to 5 years						14.8	17.2	17.4	17.7	17.6		19.4	13.6	No linear change	No quadratic change	No change
6 to 9 years						12.2	9.3	13.2	16.7	14.1		14.0	15.2	No linear change	No quadratic change	No change
10 to 14 years						15.4	13.8	13.3	15.4	11.6		14.6	13.1	No linear change	No quadratic change	No change
15 years or more						53.9	56.7	52.8	42.2	47.9		43.2	47.7	Decreased, 2008-2022	No quadratic change	No change

¹Based on trend analyses using a logistic regression model, p < 0.05.

²Based on t-test analysis, p < 0.05.