

National Children's Dental Health Month February

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"A Healthy Smile? It's Easy to Find!"
Remember to Brush & Floss Every Day!"**

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February is National Children's Dental Health Month

**A HEALTHY SMILE?
IT'S EASY TO FIND!**



**Remember to
brush and
floss everyday!**

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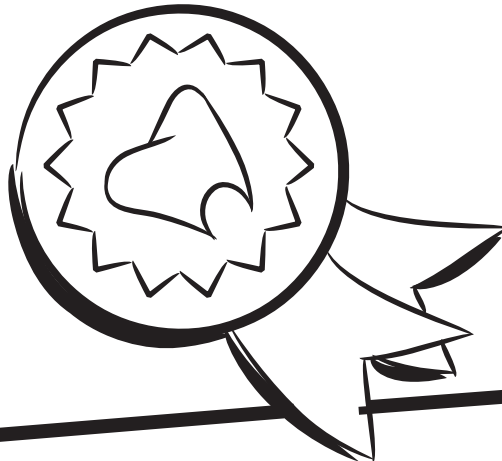
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**FLOSSY AWARDS THIS
HEALTHY SMILE
CERTIFICATE**
TO:

PRESENTED BY:

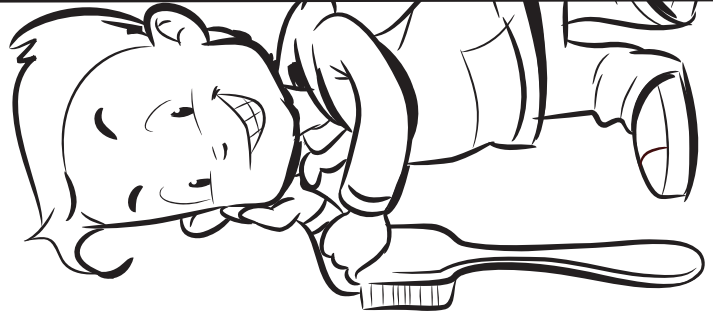
DATE:



February is National Children's Dental Health Month!

Calendar

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
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Coloring Sheet

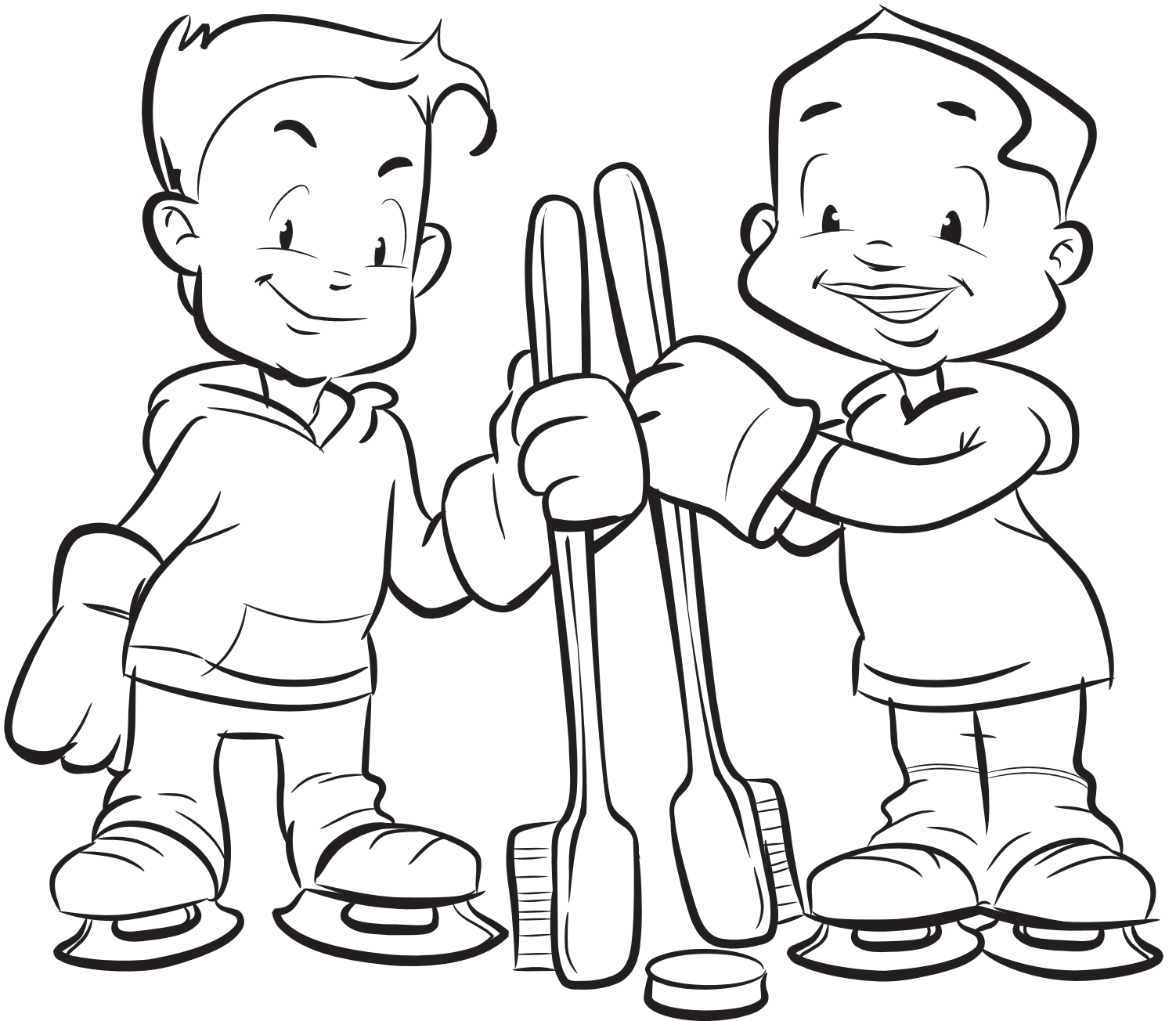


A HEALTHY SMILE IS PRETTY AS A PICTURE!

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Coloring Sheet

**Buck is teaching Den to play hockey.
Rule number one? Always wear a mouthguard!**



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Den asks, "How many words can you find hidden in this phrase?
Can you find 15? Can you find 25?"

BRUSH YOUR TEETH!

1 _____

2 _____

3 _____

4 _____

5 _____

6 _____

7 _____

8 _____

9 _____

10 _____

11 _____

12 _____

13 _____

14 _____

15 _____

16 _____

17 _____

18 _____

19 _____

20 _____

21 _____

22 _____

23 _____

24 _____

25 _____

BONUS: How many
words can you find
with 6 letters
or more?



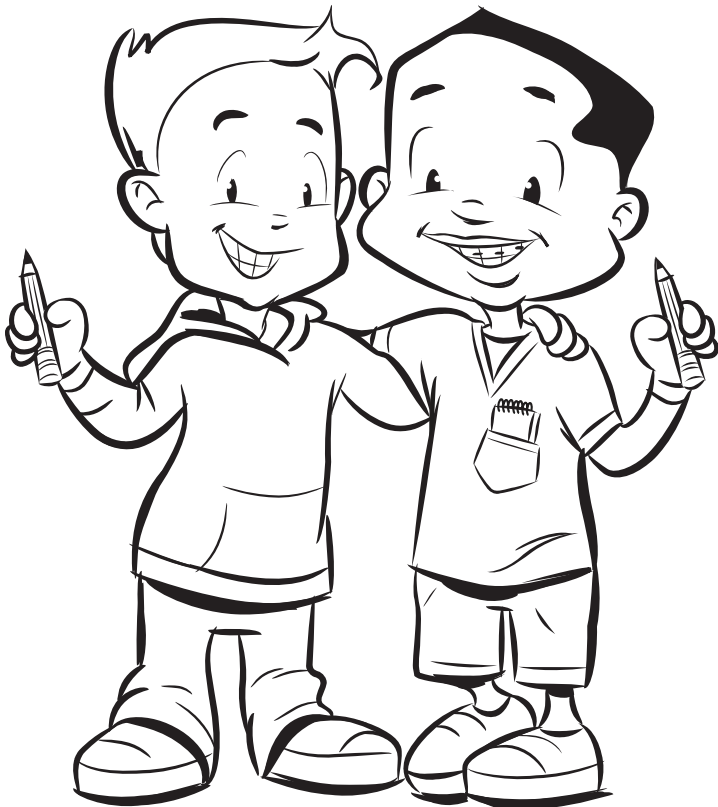
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SECRET MESSAGE!

Den and Buck are decoding a secret message.

Join in the fun! Cross off the words in the grid below by following the steps.

| | A | B | C | D | E |
|----|------------|------------|----------|-------------|------------|
| 1 | HEN | MOUTHGUARD | TONGUE | BASEBALL | BOOK |
| 2 | SEALANT | BRUSH | MAGAZINE | DEN | VEGETABLES |
| 3 | HAPPY | GLAD | WHEN | CYCLING | GRAPE |
| 4 | JOURNALIST | GEN | CARROT | LETTER | POSTCARD |
| 5 | AND | SOCCER | SMILE | GRIN | MEN |
| 6 | BUCKY | PLAQUE | PEAR | FLOSS | WELCOME |
| 7 | DUCK | APPLE | LUCK | SWIMMING | EMAIL |
| 8 | ENAMEL | TENNIS | FLOSSY | TOOTHPASTE | YOUR |
| 9 | NEWSPAPER | FRIEND | BUDDY | CAULIFLOWER | TRUCK |
| 10 | NEIGHBORS | ADVENTURES | TEETH | SURPRISE | PLAYGROUND |



Message: Brush and floss your teeth.

1. Cross off all 10 letter words.
2. Cross off all things you can read.
3. Cross off all sports activities in columns B and D.
4. Cross off all words with exactly 3 vowels.
5. Cross off the first names of the McGrinns and the Smileys.
6. Cross off all the words that rhyme with Den or Buck.
7. Cross off all the words that are healthy fruits and vegetables.
8. If 2 words directly next to each other in a row, have the same meaning, cross them both off.
9. Now, read the remaining words in order from top to bottom by rows to find the hidden message.

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Writing is So Much Fun!

Help Den finish his essay by asking a buddy to provide the correct type of word for each blank. Write them in and then read the silly story out loud!

A WACKY VISIT TO THE DENTIST

Den likes to visit his dentist, Dr. _____ . Den sits in a big chair and the dental

hygienist puts a _____ around his neck to protect his _____ .

The hygienist _____ all of Den's teeth. She uses a (noun) to see way in the back of Den's mouth.

"Would you like _____ or _____ toothpaste today, Den?" she asks.

Her toothbrush _____ very fast. When she is done brushing, she takes a piece of dental floss that is _____ inches long, and _____ between all of Den's teeth.

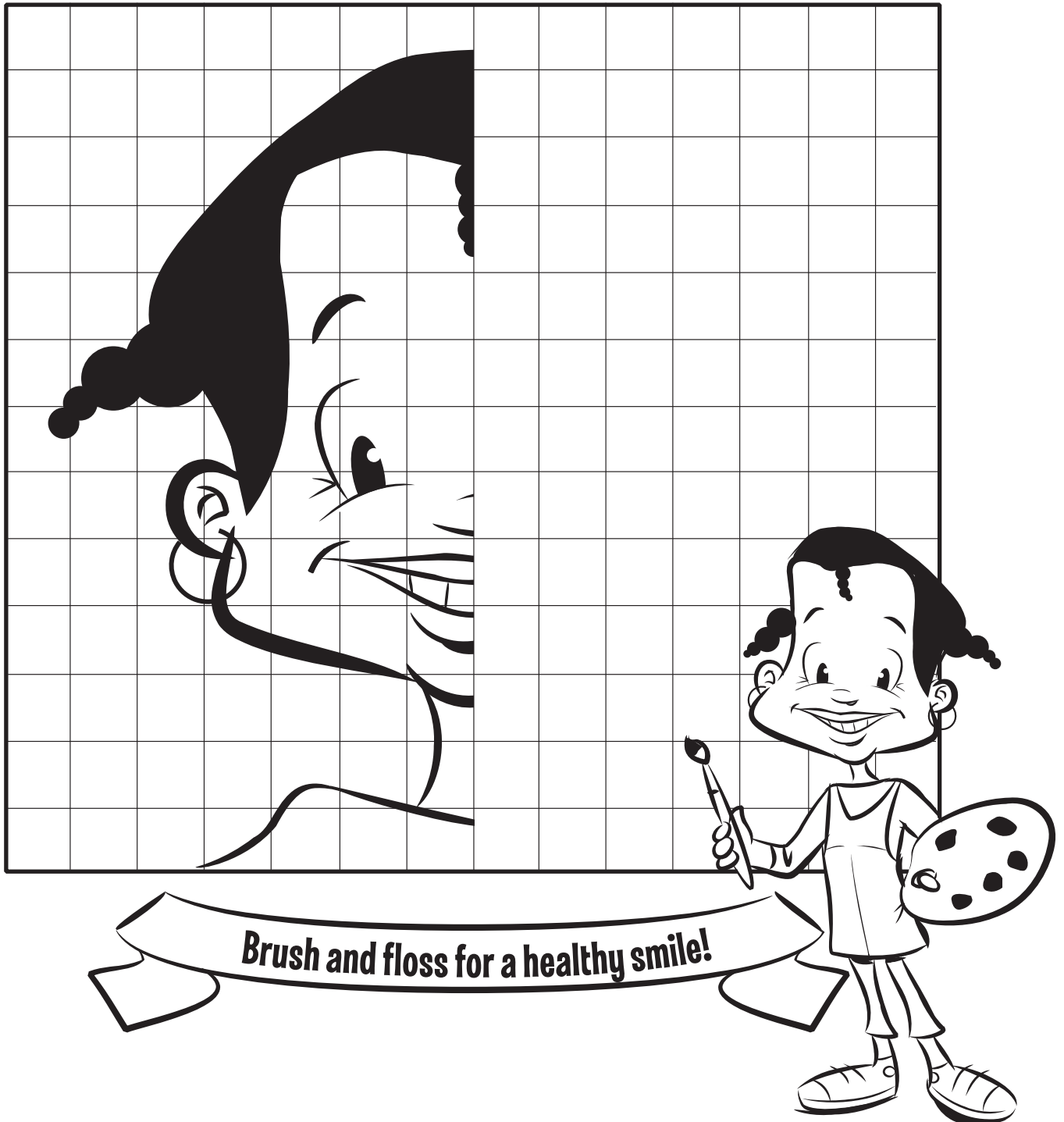
Now it's time for the Dentist to make one final check.

"Looks like you have been doing a good job _____ your teeth Den! I don't see any _____"

_____ healthy!"

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**Gen loves to paint portraits with big, beautiful smiles.
Can you help her finish her self-portrait? Use the grid as a guide!**

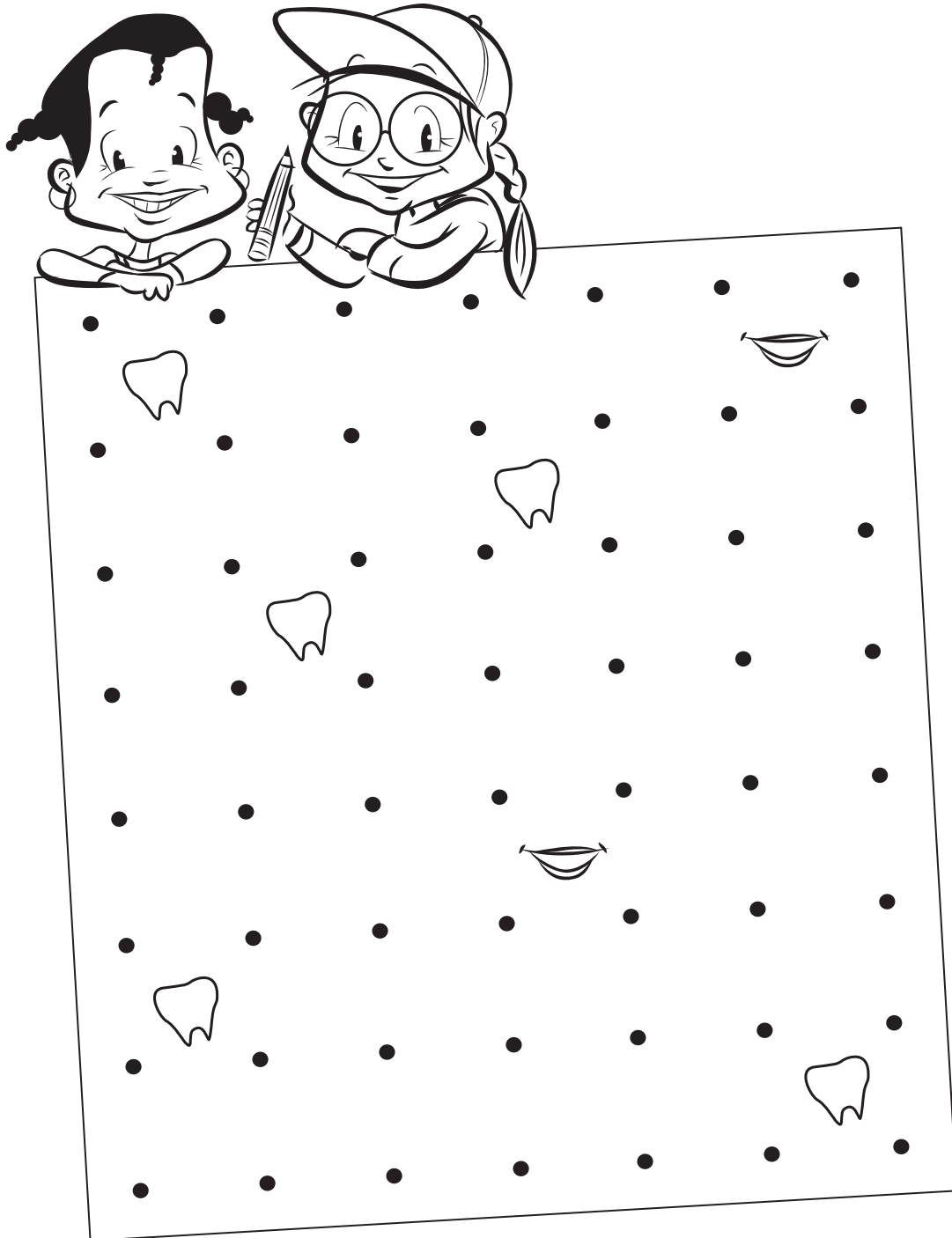


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PLAY CONNECT FOUR WITH GEN AND FLOSSY!

Take turns with a friend connecting the dots. If you make a square, give yourself 1 point.

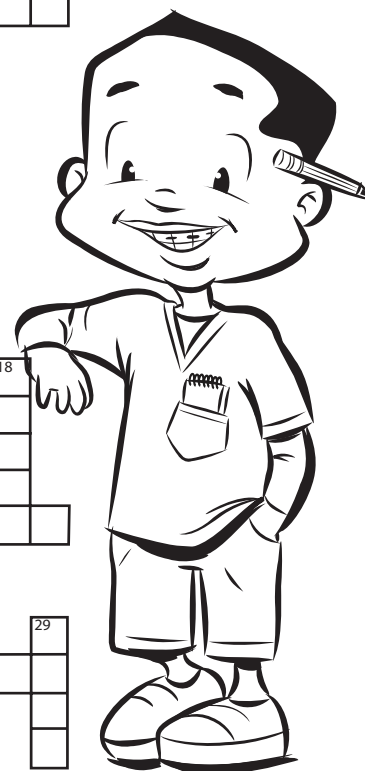
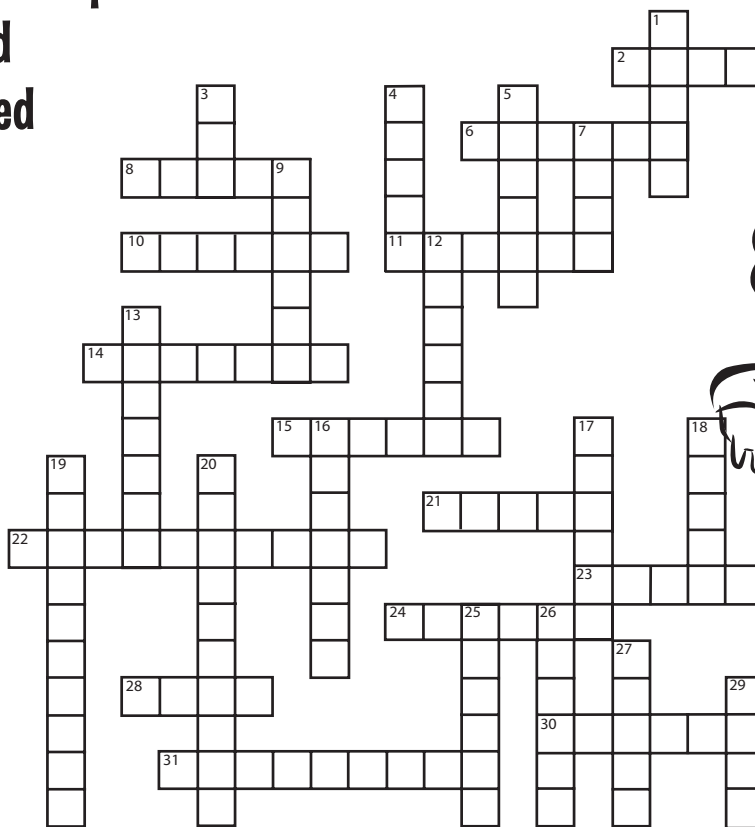
A square with a  is worth 2 points. A square with a  is worth 4 points.



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No one likes a crossword puzzle more than Den.

He's already finished this one so if you need help see the answer key at the bottom of the page.



ACROSS

- 2 Flossy loves to do _____ problems.
- 6 Don't forget to brush your _____.
- 8 Pictures of your teeth.
- 10 A _____ hygienist cleans your teeth at the dentist's office.
- 11 Buck loves to play _____.
- 14 Visit your _____ regularly.
- 15 Den and Gen's last name is _____.
- 21 Brush your teeth at least _____ a day.
- 22 Wear this to protect your smile while playing sports.
- 23 Flossy and Buck are _____.
- 24 Den wears _____ to straighten his teeth.
- 28 Your first teeth.
- 30 A dentist uses this to help see all your teeth.
- 31 The Smileys moved in down the street from the McGrinns so now they are _____.

- 4 Clean between your teeth with dental _____.
- 5 _____ are back teeth used for grinding food.
- 7 They hold your teeth in place.
- 9 Limit between meal _____.
- 12 If not removed, can lead to cavities.
- 13 What your dentist applies to protect teeth from decay.
- 16 Buck and Flossy's last name is _____.
- 17 Only eat sparingly to keep your smile healthy.
- 18 The part of a tooth that you can see is called the _____.
- 19 Use this to keep teeth clean
- 20 Broccoli and carrots are nutritious _____.
- 25 Gen loves to draw and paint, she wants to be an _____.
- 26 The hard outer layer of a tooth.
- 27 Most kids have all their baby teeth by the age of _____.
- 29 Smile.

DOWN

- 1 Drink this instead of soda pop.
- 3 Use only a _____-sized amount of toothpaste when you brush.

ACROSS: 2 - MATH, 6 - TONGUE, 8 - X-RAYS, 10 - DENTAL, 11 - SPORTS, 14 - DENTIST, 15 - SMILEY, 21 - TWICE, 22 - MOUTHGUARD, 23 - TWINS, 24 - BRACES, 28 - BABY, 30 - MIRROR, 31 - NEIGHBORS
 DOWN: 1 - WATER, 3 - PEACH FLOSS, 4 - FLOSS, 5 - MOLARS, 7 - GUMS, 9 - SNACKS, 12 - PLAQUE, 13 - SEALANT, 16 - MCGRINN, 17 - SWEETS, 18 - CROWN, 19 - TOOTHBRUSH, 20 - VEGETABLES, 25 - ARTIST, 26 - ARTIST, 26 - ENAMEL, 27 - THREE, 29 - GRIN

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MATH MAZE

Flossy is visiting the dentist but not sure how to get there. Help her find her way!
Do the math problems along the paths. If your answer is an even number, you're on the right path. If it's odd, better turn back!

